



ROSE BAY PUBLIC SCHOOL

EVER FORWARD

School Newsletter – 18th October 2017 – Term 4 Week 2

Dates for Your Diary

October

- 20 PSSA Starts
- 23 District Public Speaking
- 23-3 Swim School Year 2
- 24 Raising Children in a Digital World Presentation
- 31 Junior Band Concert

November

- 8 K-2 Athletics Carnival
- 9 Stewart House Disco 3-6
- 20 Scripture last day – Combined Service
- 21 Thank Your Morning Tea
- 23 White Ribbon Day Leaders
- 28 Band Concert
- 29 Presentation Day

December

- 1 Sport finishes
- 5 Year 6 Fun Day
- 7 Year 6 Farewell
- 13 K-2 Movie Day
- 14 3-6 Movie Day
- 15 Last Day Talent Quest

SRC NEWS

It's back!

Waste Free Wednesday



Don't forget that every Wednesday until the end of Term is Waste Free Wednesday!

Make sure you bring Waste Free lunches.

What is a waste free lunchbox?

Waste free lunch boxes don't contain any packaging. Instead, food is stored in reusable containers.



Waste free helps reduce the amount of waste in our school environment, and encourages us to think about the global issues surrounding waste disposal.





Raising Your Child in a Digital World

When: Next Tuesday 24th October 7pm

Where: Rose Bay Public School

A parent presentation by Dr Kristy Goodwin, designed to give parents practical strategies to support your child in navigating a digital world.

Kristy dispels the myths and misinformation about how technology is shaping childhood and you'll learn about the seven essential components that kids need to thrive both online and offline.

Kristy will be coming to Rose Bay Public School on Tuesday 24th October 2017. The talk will commence at 7pm in the school hall. There will be student sessions during the day for Years 5 & 6.

Tickets for the evening session are \$10 and available through Flexischools.



Information about applying for Year 7 entry to selective high schools in

2019

Thinking of applying for a government selective high school for Year 7 entry in 2019?

You must apply online at <https://education.nsw.gov.au/public-schools/selective-high-schools-and-opportunity-classes/year-7>



Key dates

Tuesday 10 October 2017
Application website opens
Monday 13 November 2017
Application website closes. You must apply by the due date.
Thursday 1 March 2018
Test authority advice sent to all applicants
Thursday 15 March 2018
Selective High School Placement Test
Friday 6 July 2018
Placement outcome information is sent

Please read this booklet carefully before applying.

There is more information at: <https://education.nsw.gov.au/sbs-oc>

Parents should check this website for updates all the way through the application and placement process. Please check the website for information before you contact the Unit.

The selective high school placement process for Year 7 entry is administered by the High Performing Students Unit^A.

Contact details

High Performing Students Unit
NSW Department of Education
Email: ssu@det.nsw.edu.au Telephone: 1300 880 367 Fax: 02 9266 8435
Postal address: Locked Bag 53, DARLINGHURST NSW 1500
Facebook: <https://www.facebook.com/Selectivehighschoolplacement>

^A In this document, the High Performing Students Unit will be referred to as the Unit.

^A 'Parent' is defined under the Education Act 1990 as a 'guardian or other person having custody or care of a child'.

School Uniform

We believe that wearing school uniform promotes pride in our school and sends a strong message to the community that we have high expectations and values. Now that the weather is warming up, please ensure that students are wearing their summer uniform throughout this term.

We appreciate parent and carer support in sending their children to school, dressed smartly in correct school uniform. This includes black shoes and our RBPS hat. Please ensure your child's full name and correct class are on all of their belongings.

ALBEMARLE AVENUE, ROSE BAY 2029
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EMAIL rosebay-p.school@det.nsw.edu.au
WEBSITE www.rosebay-p.schools.nsw.edu.au

Canteen Corner

Spring is Here!

Now that spring is well and truly here, we've spruced up the menu with some new items.

We have a delicious new snack item called Messy Monkeys. They are wholegrain bites that are gluten free, full of fiber and made from sorghum & quinoa. They taste great and we have an inkling they are going to become a canteen favourite in no time!



We have added a Macaroni Pasta Bake to the daily specials, tossed in tomato, oregano and finely grated zucchini for a bit of colour and fiber, then topped with cheddar cheese and baked in the oven. You'll find it on the menu on Tuesdays.

For something lighter, we offer a simple chicken salad we make with fresh tomato, cucumber, lettuce and oven baked chicken thigh and drizzled with olive oil and a dash of vinegar. It makes for a perfect spring lunch.



Coco Chills are in the fridge; they are canned coconut water with a splash of fresh juice. They come in two flavours, Pineapple & Lime as well as Mango...very refreshing on a warm spring day.

In the freezer we have found our pure fruit juice cups to be super popular, even through winter. This Friday we will be adding a new flavour...pineapple, so keep a look out for it.

In week 4, we will also be adding frozen pineapple rings to help keep students cool and help to get some more fruit into their day. Naturally sweet, we simply wrap them and pop into the freezer for a healthy frozen sweet treat. Why not try it at home?



Transport
for NSW

Applications for 2018 School Student Transport Scheme (SSTS) and Term Bus Pass (TBP) travel entitlements are now open.

In coming days students who hold an SSTS entitlement and are changing grade bands i.e. going from year 2 to 3 or year 6 to 7 and changing school, and students whose entitlement was approved under a medical condition, will receive notification by email or post informing them of the pending expiry of their entitlement. TBP holders will also receive notification.

Students enquiring about pending cancellation should be advised to go online to <https://apps.transport.nsw.gov.au/ssts/updateDetails> to update details/make application for next year's entitlement.

Application needs to be made before 31 December 2017 to ensure their entitlement is updated and their current card is not cancelled. If application is made after the expiry of their entitlement (31 December) the system will automatically cancel their card and a new one will need to be issued.

Please note: Students who are changing grade band and are remaining at the same school will not receive notification and do not need to reapply (the system now automatically validates a student's on-going eligibility if at the same school and going from infants to primary or primary to secondary). Where a student meets the new eligibility the system will automatically update their entitlement and card.

Students in the Opal area applying for a SSTS or TBP entitlement for the first time will receive their card (posted to the nominated address) a week or two before the commencement of 2018 classes. Please let students know new cards for 2018 are not posted in 2017 or during the Christmas / New Year period.



Notice of Motion

Member: The Hon. Gabrielle Upton, Member for Vaucluse

ROSE BAY PUBLIC SCHOOL ART SHOW CHILDREN'S OPENING

Ms GABRIELLE UPTON (Vaucluse—Minister for Environment and Heritage and Minister for Local Government): I move:

That this House:

1. Notes that on the 24 August 2017 the Member for Vaucluse attended Rose Bay Public School's children's art show opening.
2. Notes how great it was to see each student create an amazing piece of artwork to match this year's Art by the Bay theme of 'Taking Shape'.
3. Commends the school on its commitment to encouraging children to discover their artistic talent and nurturing it in a supportive environment.
4. Thanks Principal Gai O'Neill, Deputy Principal Lynn Young, Assistant Principal Rebecca Jones and school captains Thomas and Jemima for inviting me to officially open the art show.

Gabrielle Upton MP
Member for Vaucluse
Date: 13 September 2017

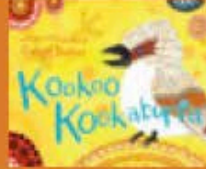


Have you liked Sydney Coastal PSSA on Facebook?

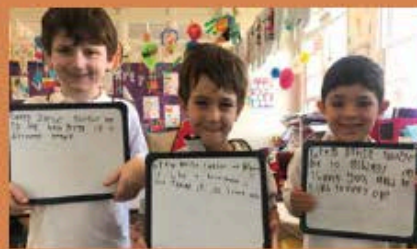
Sydney Coastal PSSA (SCPSSA) now has a Facebook page, where parents can access information regarding wet weather cancellations, information regarding SCPSSA Zone trials, summer and winter competitions and venue changes.

Keep up to date with everything that is happening in the SCPSSA world!

Visiting Author and Illustrator Gregg Dreise



Kindergarten, Stage One and Two were thoroughly entertained by our wonderful visiting Author and illustrator Gregg Dreise. He retold stories and taught the students important techniques to assist with storytelling. Students enjoyed hearing and learning some words from the Gamilaraay and Yuwaalaraay languages spoken across his family's county in south-western Queensland and north-western New South Wales. He incorporated the wonderful sounds of his didgeridoo and sang with his guitar in his storytelling.



"Kindness is like a boomerang- If you throw it often, it comes back often. But if you never take the chance to pick it up and throw it out there, then you may never get it back" KooKoo Kookaburra

"Always choose your friends wisely because it is hard to soar like an eagle when you are surrounded by turkeys" Silly Birds

"Stay calm like the surface of the water, yet stong like its current" Mad Magpie



Raising Your Child in a Digital World

ESSENTIAL INFORMATION FOR PRIMARY PARENTS

Today's kids are growing up immersed in a world of screens.

As parents we've been faced with the enormous task of raising 'screenagers'. We're bamboozled by the confusing and often conflicting information about how technology is impacting on kids' health, learning and wellbeing. Yet we know that our kids will inherit a digital world, so banning or avoiding screens isn't the solution!

Children's digital wellness expert (and mum!) Dr Kristy Goodwin helps parents find the best ways to use technology to support, not stifle kids' health, learning and development. She arms parents with facts, not fears, about what today's kids (0-15 years) really need to thrive online and offline in a digital world.

*In this practical seminar
Dr Kristy arms parents with:*

// Guidance about **how much** screen-time is healthy and simple tips for managing screens at home (so screen-time doesn't end in scream time & you won't have to endure techno-tantrums!);

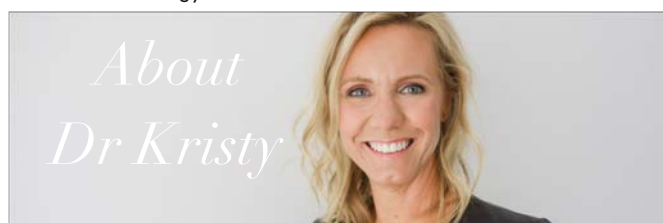
// Reasons why screens captivate our kids and can hijack their **attention** (there's a neuroscientific reason) and simple strategies to prevent techno-tantrums;

// Facts, not fears, about how technology is **changing** the ways kids **learn** and **develop** (including their sleep, attention spans and relationships, physical health and development);

// Practical ideas about how families can use technology in **healthy and helpful ways at home** (so you can ditch the guilt and guesswork for good!).

// Practical ideas about **healthy media habits** (to protect your kids' sleep habits, vision, hearing, posture and attention spans).

// Solutions to your '**digital dilemmas**'. There will be opportunity to ask Dr Kristy your pressing questions and concerns about your child's technology habits.



Dr Kristy Goodwin is a leading children's technology and development expert (& mum who's endured her kids' techno-tantrums!). She takes the guesswork and guilt out of raising kids in the digital age by translating the latest research into practical and digestible information, tips, and tricks for parents so that they can feel confident and assured that they're raising healthy, happy and balanced kids in the digital age... without telling you to ban the iPad or unplug the TV.



Parent Seminar:

Date: Tuesday 24th October 2017

Location: Rose Bay Public School, School Hall

Suitable for: parents of children aged 3-12 years.

Time: 6:45pm for 7pm start. Concludes 9pm

RSVP: by 3pm, 24th October 2017 via Flexischools-

<https://www.flexischools.com.au/>

Dear RBPS Junior Band Parents and Musicians,

Congratulations on your continued efforts with your instrument playing.
You should all be very proud at how much your instrumental skills have developed and progressed throughout this year!

Below are details for our performance schedule this term.

Tuesday 31st October - Junior Band Halloween Concert (Week 4)

This concert is very special as it is only for Junior Band Members! At this concert all Junior Band musicians also have the opportunity to play a solo as well as playing with the band. It will be a short concert but will hopefully feature all members of our band playing solos! If you would like to play a solo in the concert, make sure you start to work with your tutors this week to decide on which piece and start to practice it if you haven't already. *As this concert falls on Halloween, students are encouraged to dress spooky for the occasion!*

Event Details:

Who: Junior Band

When: Tuesday 31st of October (Week 4)

Arrival Time: 5:40pm **(arrive at this time to set up)**

Where: School Hall

What to Wear: Halloween Costume or Mufti

What to Bring: Your Instrument, Music and Smiles!

Repertoire to Prepare:

- Music, Music, Music!
- Power Rock
- The Blues
- Solo item

Tuesday 28th November - Spring Concert (Week 8)

Our annual end of year celebration featuring all both our school bands.

This year our Spring concert will feature Year 6 soloists and a combined band item featuring all our band members - over 50 musicians!

Event Details:

Who: Junior and Senior Bands

When: Tuesday 28th of November (Week 8)

Arrival Time: 6:10pm **(arrive at this time to set up)**

Where: School Hall

What to Wear: School Summer Uniform

What to Bring: Your Instrument, Music and Smiles!

Repertoire: TBA

Please let me know by Thursday the 26th October if your child would like to play a solo in the performance so they can be included in the Junior Band Halloween Concert program!

Kirsten Levy
Program Manager

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psychologists help kids¹ with sad, angry,
anxious or confused feelings²
(¹and their families)
(²that sometimes come out as "bad" behaviours)



South Eastern JCA MILO T20 Blast Girls Only

When: Friday 13th Oct - 1st Dec (5.30pm - 7pm weekly)

Where: Waverley Oval, Bondi Road, Bondi Junction

Play with your sisters & friends! To register & for more information visit PlayCricket.com.au & type 'South Eastern JCA' into the search box



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