



Dates for Your Diary

September

- 2-9 Art Show
- 9-11 Year 5 Camp Kincumber
- 16 Proms Choir
- 18 Mufti Day for Stewart House
- 18 Last Day of Term 3

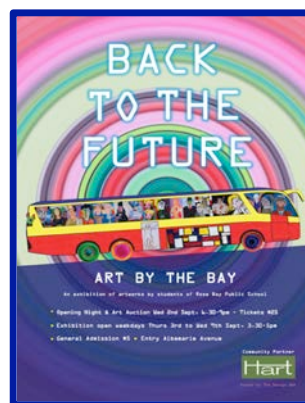
October

- 6 School returns for Term 4

Last Day of
Term 3
Friday 18th
September

First Day of
Term 4
Tuesday 6th
October

Art by the Bay 2015



**To all the students, staff, parents, mentors
and volunteers.**

Congratulations on a fantastic art show.

**Simply stunning! The feedback has been
amazing and appreciated.**

Thank You

SAS Staff Recognition Week

SAS Staff recognition week is an opportunity for us all to acknowledge the important role the School Administration and Support Staff, School Learning and Support Officers and General Assistants play in the school. School Administrative and Support Staff, whether they work in the office, the library, on the grounds or in a classroom setting, are important contributors to the success of the school and children's education.

We would like to thank all our SAS staff for their professionalism, dedication to education and for the extraordinary work they do. We celebrated with a special morning tea with fabulous catering from our Love Food canteen.

Thank you Helen, Vicki, Ourania, Alex, Julie, Jasmeen, Crissa, Gill and Yianni.



Primary Athletics Carnival Wrap

On Tuesday 28th July Rose Bay Public School held its annual primary Athletics carnival at ES Marks field where students showed great determination and support for one another on a lovely sunny day. There was some very impressive running and jumping talent on display with 38 students performing well enough to go on and represent the school at the District PSSA carnival on the 11th and 17th of August.

All students who competed on the day should be proud of the effort they made to earn points for their house and perform to the best of their ability. The final house points were close with the results as follows:

1. Wentworth – 321 points
2. Cook – 263 points
3. Macquarie – 252 points
4. Phillip – 218 points

Congratulations again to all students for a great day of athletics!

Sydney Coastal District Athletics Carnival Results

All of our students who represented the school at the district carnival should be very proud of their efforts. The school had 7 students selected in the Sydney Coastal PSSA team to represent the zone at the Sydney East Athletics Championships on 1st September at Sydney Olympic Park. Several other students narrowly missed out on selection also and showed they will stand a good chance of making the team next year with continued hard work and determination. The following students deserve special mention for their exceptional performances at district, which earned them entry into the zone team:

1. Amelie Trope – 1st – Girls 8yrs 100m
2. Oliver Sacks – 1st – Boys 8yrs 100m
3. Juliana Adetunji – 1st – Girls 9yrs 100m
4. Kitty Green – 1st – Girls 8 – 10yrs 200m
5. Kitty Green, Juliana Adetunji, Joana Adetunji & Amelie Trope – 1st – Girls Junior Relay
6. Nicholas Tooley – 1st – Boys 11yr Long Jump
7. Edison Low - 2nd – Boys 8yrs 100m
8. Kitty Green – 2nd – Girls 8 – 10yrs Long Jump



Love Food CANTEN Canteen Corner



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NEW MENU

Coming soon!

The LOVE FOOD canteen girls are busy revamping the menu for Spring/Summer, so keep an eye out for exciting new items on the menu next term.



For full online menu go to
<https://www.flexischools.com.au>

PIZZA

Look what is now on our menu – Tuesdays at the canteen have now become Italian Tuesdays, with a new special on the menu; Pizza Pockets! Made from wholemeal, mixed grain wrap, oregano, tomato pineapple and cheddar cheese. Folded into a pocket and toasted. Available Now! Why not try one this Tuesday, the girls know they are sure to become a new favourite!

ICE BLOCKS

Love Food's new summer menu is coming soon! We have already tasted samples of delicious fresh fruit, sugar free ice blocks... Pineapple and mint, strawberries and cream and more! They are a hit!



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PSSA Sporting Success

During Terms 2 & 3 Rose Bay Public School sporting teams competed in a variety of sports in the SCPSSA with some outstanding results. The Senior A soccer team finished first, winning the grand final. The Junior Girls A soccer team also finished first.

Congratulations to all the teams who competed in the SCPSSA competitions, demonstrating sportsmanship and fair play throughout Terms 2 & 3.



RBOOSH



Dear Parents,

Enrolments for RBOOSH in 2016 will open from 7.30am Monday 7th September 2015. Enrolment forms are available on our website www.rboosh.com.au, or from our centre.

If you are a parent who currently has permanent bookings at RBOOSH and would like to continue these bookings into 2016, you will need to submit your enrolment form to RBOOSH by 5.30pm Wednesday 16th September 2016 to guarantee your current bookings.

For any further information, please visit our website www.rboosh.com.au or email us rboosh@bigpond.com

Thank you,
RBOOSH

Mufti Day

Friday 18th September 2015

Uniform free day
Students can wear their own clothes

Please bring a gold coin donation
All money raised will be donated to Stewart House





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Dr Henry Luiker

psychologists help kids* with sad, angry,
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(*and their families)

Colourful Minds | Kerry Gordon | Psychologist



Colourful Minds' is a children's psychology practice focused on helping children between the ages of 3 and 12 develop their social skills, build self confidence and enhance their ability to manage their emotions.

Programs address common children's challenges with:

- Aggressive behavior
- Anxiety
- Limited Attention Span
- Social Difficulties
- Self Esteem
- Sibling Rivalry

By using **craft, games and play therapy techniques** we create an enjoyable and welcoming environment for children to learn **mindfulness and self regulation skills**

Personalised sessions are held face to face with children both at home and in their school. Where appropriate, Colourful Minds also gains input from the child's school, and other relevant professionals.

Parents / Carers remain involved through **regular updates** and supporting the therapy with ongoing activities

For more information, do not hesitate to contact Kerry:



Kerry Gordon Bpsych(Hons)

medicare

M: 0411 276 552
E: kerry@colourfulminds.com.au
W: www.colourfulminds.com.au

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Family Systems Therapy

Who is Family Systems Therapy for?

Family Therapy: Adolescents and Children are usually seen with parents and other involved family members or may not need to attend at all when parents / carers attend sessions.

Couples Therapy: It's ideal to see both partners but not essential. A great deal of work can be done with one willing partner.

Individuals: if there are symptoms in a child or adolescent it is beneficial for the parents to attend sessions without the child in order to receive parenting coaching. If a family member is symptomatic either they or any motivated member of the family can attend.

Martina's areas of interest

- » Parenting issues - coaching parents with concerns about children & adolescents.
- » Couple counselling.
- » Tensions within families.
- » Separation & divorce.
- » Child & Adolescent emotional & behavioural problems - involving parents in assisting their child.
- » Problems emerging from childhood.
- » General Mental Health- Anxiety, depression, anger management.

Please Contact Martina Palombi / BFA, Adv Dip Gestalt; GANZ / 0423184955
9-13, Bronte Rd, Bondi Junction / affinitypsychotherapy.com

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ROSE BAY PUBLIC SCHOOL AFTERNOON MULTI-SPORTS TERM 4

ROSE BAY MULTI-SPORTS is a sports and games orientated program aimed at promoting sport for enjoyment and the development of vital fundamental movement skills.

The program is designed to provide children with the opportunity to:

- Enjoy a variety of games and activities
- Attempt new skills in a positive environment
- Further develop existing skills
- Engage with their peers in a fun setting
- Succeed

With who? Mrs Mills – Qualified Physical Education Teacher with a Bachelor Degree in Human Movement and Health Education.

Where? The RBPS school hall

When?

Mondays	Grades 2, 3 & 4	3.20pm – 5.00pm	Week 2 – Week 10	\$180
Thursdays	Grades K, 1 & 2	3.20pm – 5.00pm	Week 1 – Week 9	\$180

N.B - Monday sessions begin in Week 2 as Monday Week 1 is a Public Holiday
Thursday sessions end in week 9 as Thursday Week 10 is a Staff Development Day

Cost? Is shown in the above table.

For an alternative payment scheme, please contact me via email.

Reservations? Grades K, 1 & 2 (Thursday) <http://www.trybooking.com/144673>
Grades 2, 3 & 4 (Mondays) <http://www.trybooking.com/144672>

There is a limit of 25 children per class to ensure maximum involvement.

Contact? For all enquiries, please contact Mrs Mills at
rbmultisports@gmail.com



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