

# Rose Bay Public School

## Newsletter

5<sup>th</sup> August 2015



### Dates for Your Diary

#### August

- 3-7 Week of Tastes
- 5 Senior Band Assembly Performance
- 7 Stage 3 Spelling Bee
- 7 Working Bee in the Garden 3:30**
- 10 ICAS Mathematics Test
- 10-12 Create East
- 11 SCPSSA Athletics Carnival (Full Day)
- 11 P & C Meeting 7pm in the Library
- 12 Kindergarten Farm Excursion
- 13 Rabbi Levy Stage 2 Incursion
- 14 Stage 2 Spelling Bee
- 17 SCPSSA Athletics Carnival (Half Day)
- 19 Proms Choir
- 19 Stewart House Bag Collection
- 24-28 Children's Book Week
- 24 Author Visit – Sarah Brennan
- 24 Junior Band Spotlight
- 28 Term 3 PSSA Concludes

#### September

- 2 Art Show Opening Night**
- 2-9 Art Show
- 9-11 Year 5 Camp Kincumber
- 16 Proms Choir
- 18 Last Day of Term 3

Last Day of  
Term 3  
Friday 18<sup>th</sup>  
September

First Day of  
Term 4  
Tuesday 6<sup>th</sup>  
October

## BACK TO THE FUTURE

### ART BY THE BAY

An exhibition of artworks by students of Rose Bay Public School

- Opening Night & Art Auction Wed 2nd Sept, 6.30-9pm - Tickets \$25
- Exhibition open weekdays Thurs 3rd to Wed 9th Sept, 3.30-5pm
- General Admission \$5 ► Entry Albemarle Avenue

Community Partner  
**Hart**  
Poster by The Design Web





## Canteen Corner

Here are some facts about the canteen, you may find interesting...

### Did You Know?

- ❖ Every Wednesday, we make the sushi from scratch. The rice has no sugary vinegars in it that you find at the shops, just cooked rice and fresh ingredients then rolled with some love!
- ❖ The meat patties are made of lean beef mince that we marinate with herbs and spices and roll into patties before baking in the oven just before they are placed onto buns and made into happy hamburgers.
- ❖ All the bread and bread rolls used in the canteen are organic and wholemeal, they come from a lovely authentic bakery in Bondi.
- ❖ We make each and every soup that is served at the canteen from only fresh and wholesome ingredients, which is probably why they are so popular among both children and staff.



Go to [flexischools.com.au](http://flexischools.com.au) for easy online ordering.

[www.lovefood.co](http://www.lovefood.co)



0406 818 066



THE MATTHEW JONES FOUNDATION

## Matthew Jones Art Award

This year Rose Bay Public School will be entering the 7<sup>th</sup> Annual Matthew Jones Art Award.

THEME: 'My Favourite Place'

All students from K to 6 are welcome to enter.

All works must be **A4** or **A3** on **art paper** only.

You may use watercolour, crayon, oils, acrylics, photography, collage or a combination of methods.

Please have your artwork complete by **Friday 4<sup>th</sup> September**. Bring your artwork to the 4S classroom.

Thank you, Miss Shein

## Enrol now for Kindergarten 2016



We are currently processing applications for 2016

Please send enrolment forms back as soon as possible!





## DIRECTIONS IN **music**

Inspire, Create, Perform.

### Rose Bay Public School Band Program

#### Band News

Wow, what a busy start to the term we have had with the band program at Rose Bay PS! The Senior Band recently took part in the NSW School Band Festival and won silver. Well done to all who took part, your performance was of the highest standard and you should be very proud.



Don't forget to visit the school band web page on the Directions In Music website.

[www.directionsinmusic.com.au](http://www.directionsinmusic.com.au)

#### Term 3 Performances!

- Assembly Performance, Senior Band – Week 4 Wednesday 5<sup>th</sup> August
- Junior Spotlight, Junior Band – Week 7 Thursday 24<sup>th</sup> September

#### What to practise!

- **Junior Band** – Junior Band should now be working towards page 14 and 15 for the end of the term as well as your new pieces of music, which you will be getting next week.
- **Senior Band** – Some new music will be handed out at your next rehearsal.

#### Practice tip: Aim to practise everyday

Even the best musicians strive to practise their instrument daily. Make practice a part of your daily routine. Determine when the best time for you to practise is. If you like practising in the morning, get up at least an hour early so that you won't be late for school. If you're an evening person, do your practice before going to bed or before you become sleepy.

#### Section of the week!

This week it goes to the.....**Clarinet section!!!**

**Richard Sandham**

RBPS Program Manager

## Transition to High School Event

Waverley and Woollahra Councils, as part of their continuing commitment to support local families, warmly invite parents with children in Year 6, to attend 'Moving On Up' a High School transition talk with Angie Wilcock, noted Australian educationalist, author and expert in the field of adolescent transitions. [www.highhopes.com.au](http://www.highhopes.com.au)

Angie's style is humorous, informative and practical, offering real life parenting advice and strategies that are aimed at helping parents to support their child's secondary education experience.

Research tells us that that the first year of High School can be critical to a child's ongoing educational success. For this reason we are bringing together local experts and educationalists who will be presenting and outlining the range of helpful assistance available to young people and their parents in the Waverley and Woollahra LGA's

The talk will be held in the comfortable surrounds of the **Harbour Room, Easts Club, Spring Street Bondi Junction** with light refreshments supplied Wednesday 2 September 6.30pm (sharp) closing at 8 pm.

For more information  
[maggie.brown@waverley.nsw.gov.au](mailto:maggie.brown@waverley.nsw.gov.au)

With Warm Regards  
**Maggie Brown**

## RBOOSH NEWS

Dear Parents,

RBOOSH Parent Management Committee have proposed two new draft enrolment and re-enrolment policies for community comment.

All families registered with RBOOSH have been emailed these draft policies. If you have not received a copy of these policies and would like to review and comment, please contact [rboosh@bigpond.com](mailto:rboosh@bigpond.com).

Thanks  
RBOOSH Parent Management Committee

## Dogs on School Grounds

Under the NSW Companion Animals Act 1998 No 87 owners of dogs must:

- Be 18 years of age or over
- Leash their dog when in a public place
- Ensure their dog wears a collar and identification tag when in a public place
- **Ensure their dog does not enter a school or child care playground and any other place declared prohibited to dogs by Council**

The NSW Consolidated Act pertaining to dogs states dogs are prohibited in some public places. Section (e) of the Act specifically refers to schools and states that this applies to dogs whether they are leashed or unleashed. The exceptions are assistance dogs that are specifically trained to assist those who are sight or hearing impaired.

**Further to this, please do not tie dogs near any school entrances or exits.**



**ST GEORGE GIRLS  
HIGHSCHOOL  
VICTORIA ST KOGARAH**

On **Saturday 12<sup>th</sup> & Sunday 13<sup>th</sup> September 2015**, the 76<sup>th</sup> NSW Talent Enrichment Weekend

**MindQuest** will be held for primary students from Years 1-6 at St George Girls HS. These include gifted and talented students, gifted underachievers and students with above average ability with a special interest. Students will have an opportunity to participate in over **38 exciting, fast paced courses in the two day program**. They include courses in chemistry, earth sciences, drama, lego robotics, art and much, much more. Many of these highly successful courses have been run in the past and students' evaluations suggest that they have been challenged and enriched by the experience. The cost of the weekend is \$180 (including GST).

**Contact your school for a brochure or  
Shalagh Poray 4232 2494**

**Closing Date: Monday 17<sup>th</sup> August 2015**



# BACK TO THE FUTURE



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Community Partner



Poster by The Design Web









Year 4 is currently participating in Week of Tastes. On Monday 3<sup>rd</sup> August students were visited by Samson Judge owner of D'Bees Café in Double Bay and his head chef John. Students observed a cooking demonstration of Pasta with Bolognaise and Napoletana sauce. Students also enjoyed sampling the foods! Samson taught the students about different ingredients including spices and herbs used in the kitchen in order to enrich students' knowledge about food. It was a wonderful and delicious experience! Students are looking forward to part 2- the sensory experiment.



# DEBATING NEWS



Debating students have achieved much success in rounds three and four of the Bondi district debating competition.

In round three against Bellevue Hill Blue, junior debating team members Matthew, India, Grace and Romy debated that *the internet does more harm than good*, whilst senior team members Chloe, Tara, Alix and Rachel managed to persuade everyone that *celebrities are good role models*.



In round four against Bellevue Hill, junior debating team members Leah, Matt, Taylor and Amelia put forth a convincing debate on the topic *celebrities are good role models*, and also managed to defeat their opponents.



Leah and Amelia absent for photo

Congratulations to all

students for their

efforts.  
Miss Metwally & Miss Williams





## Ethics Classes in Schools BECOME A VOLUNTEER ETHICS TEACHER

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An Ethics Teacher:

- ✓ Engages children in learning about ethics
- ✓ Is a good listener with a genuine interest in helping young people
- ✓ Commits to teaching one class each week during school terms

### Ethics Teachers undertake

- ✓ Police and Working with Children checks
- ✓ Full free training in Primary Ethics curriculum delivery
- ✓ Ongoing online training

Learn more and apply online at [www.primaryethics.com.au](http://www.primaryethics.com.au)  
or contact Danelle Denny, Ethics Coordinator Rose Bay  
Public School at e: [danelle@eftel.net.au](mailto:danelle@eftel.net.au) or p:0419 253 788

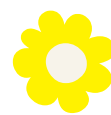
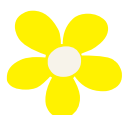


# Enrol now for Kindergarten 2016



We are currently processing  
applications for 2016

Please send enrolment  
forms back as soon as  
possible!





# Selling or leasing in 2015?

We'll add value to your real estate transaction

Hart Estate Agents is proud to be a  
**Community Partner**  
of Rose Bay Public School

To further show our support, we will donate to the school  
each time we are engaged by a RBPS family  
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\$200 for each property you give us to manage.



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**Mari Carmen Escribano**  
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**occupational therapists** help kids with writing,  
coordination, sequencing & organisation

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**Dr Ann Rémond**

**speech & language pathologists** help kids  
communicate better

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[www.parksclinic.com](http://www.parksclinic.com)

**Dr Henry Luiker**

**psychologists** help kids\* with sad, angry,  
anxious or confused feelings  
(\*and their families)

Colourful Minds | Kerry Gordon | Psychologist



Colourful Minds' is a children's psychology practice focused on helping children between the ages of 3 and 12 develop their social skills, build self confidence and enhance their ability to manage their emotions.

Programs address common children's challenges with:

- Aggressive behavior
- Anxiety
- Limited Attention Span
- Social Difficulties
- Self Esteem
- Sibling Rivalry

By using **craft, games and play therapy techniques** we create an enjoyable and welcoming environment for children to learn **mindfulness and self regulation skills**

Personalised sessions are held face to face with children both at home and in their school. Where appropriate, Colourful Minds also gains input from the child's school, and other relevant professionals.

Parents / Carers remain involved through **regular updates** and supporting the therapy with ongoing activities

For more information, do not hesitate to contact Kerry:



Kerry Gordon Bpsych(Hons)

**medicare**

M: 0411 276 552  
E: [kerry@colourfulminds.com.au](mailto:kerry@colourfulminds.com.au)  
W: [www.colourfulminds.com.au](http://www.colourfulminds.com.au)



## Give your child a boost!

Sheila Faktor is a highly qualified and experienced remedial teacher specializing in **reading, writing, spelling and comprehension.**

- One-on-one sessions after school and on weekends.
- Holiday tuition available.

mob **0412 911 818**

email **sfaktor@iprimus.com.au**



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## Family Systems Therapy

### Who is Family Systems Therapy for?

Family Therapy: Adolescents and Children are usually seen with parents and other involved family members or may not need to attend at all when parents / carers attend sessions.

Couples Therapy: It's ideal to see both partners but not essential. A great deal of work can be done with one willing partner.

Individuals: if there are symptoms in a child or adolescent it is beneficial for the parents to attend sessions without the child in order to receive parenting coaching. If a family member is symptomatic either they or any motivated member of the family can attend.

### Martina's areas of interest

- » Parenting issues - coaching parents with concerns about children & adolescents.
- » Couple counselling.
- » Tensions within families.
- » Separation & divorce.
- » Child & Adolescent emotional & behavioural problems - involving parents in assisting their child.
- » Problems emerging from childhood.
- » General Mental Health- Anxiety, depression, anger management.

Please Contact Martina Palombi / BFA, Adv Dip Gestalt; GANZ / 0423184955  
9-13, Bronte Rd, Bondi Junction / [affinitypsychotherapy.com](mailto:affinitypsychotherapy.com)

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Lessons at school  
on Thursday afternoons

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Individual lessons are also available.

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[www.ariamusic.com.au](http://www.ariamusic.com.au)



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## ROSE BAY PUBLIC SCHOOL AFTERNOON MULTI-SPORTS TERM 4

*ROSE BAY MULTI-SPORTS* is a sports and games orientated program aimed at promoting sport for enjoyment and the development of vital fundamental movement skills.

The program is designed to provide children with the opportunity to:

- Enjoy a variety of games and activities
- Attempt new skills in a positive environment
- Further develop existing skills
- Engage with their peers in a fun setting
- Succeed

With who? Mrs Mills – Qualified Physical Education Teacher with a Bachelor Degree in Human Movement and Health Education.

Where? The RBPS school hall

When?

|           |                 |                 |                  |       |
|-----------|-----------------|-----------------|------------------|-------|
| Mondays   | Grades 2, 3 & 4 | 3.20pm – 5.00pm | Week 2 – Week 10 | \$180 |
| Thursdays | Grades K, 1 & 2 | 3.20pm – 5.00pm | Week 1 – Week 9  | \$180 |

N.B - Monday sessions begin in Week 2 as Monday Week 1 is a Public Holiday  
Thursday sessions end in week 9 as Thursday Week 10 is a Staff Development Day

Cost? Is shown in the above table.

For an alternative payment scheme, please contact me via email.

Reservations? Grades K, 1 & 2 (Thursday) <http://www.trybooking.com/144673>  
Grades 2, 3 & 4 (Mondays) <http://www.trybooking.com/144672>

There is a limit of 25 children per class to ensure maximum involvement.

Contact? For all enquiries, please contact Mrs Mills at  
[rbmultisports@gmail.com](mailto:rbmultisports@gmail.com)



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on (02) 9371 4884.



# Moving on UP

Wednesday

2 September

6:30pm

## A parent information session for families with children starting high school next year

Brought to you by Waverley and Woollahra Councils and WAYS

Guest speaker Angie Wilcock, author of 'The Transition Tightrope', will spell out the key steps to getting your child off to a good start in high school. Angie is joined by a panel of education and support service experts with resources to support you in your parenting role.

### LEARN ABOUT

- How to detect and problem solve the key challenges
- Common changes to expect during the transition to high school
- Managing parent and child anxieties
- Negotiating new friendships and relationships



**Cost:** \$10. Light supper included  
**Date:** Wednesday 2 September, 6:30 to 8pm  
**Location:** The Harbour Room, Easts Leagues Club  
93-97 Spring Street, Bondi Junction  
**Register:** <https://moup.eventbrite.com.au>

For more information, contact:

Waverley: 9386 7927

Woollahra: 9391 7166

