



Dates for Your Diary

May

- 14 Year 1 Science Incursion
- 19 SCPSSA Cross Country
- 19 Parent Workshop with Academic Partner, Anita Chin, 6:30 in the library
- 19 P&C Meeting 7:30
- 20 Nepal Mufti Day Fundraiser**
- 20 Year 3 Science Incursion
- 21 Year 4 Walking Excursion
- 26 RBOOSH Annual General Meeting 6pm

June

- 2 Rose Bay Sportathon**
- 3 Science ICAS Test
- 3 2016 Kindergarten Information Evening
- 8 Queen's Birthday Public Holiday
- 9 Year 5 Excursion
- 11 Year 4 Excursion Field of Mars
- 18 Multicultural Speaking Competition
- 23 Violin Rehearsal
- 23 Band Concert
- 26 Red Nose Day
- 26 PSSA Sport Concludes
- 26 Last Day of Term 2

As you may have seen in the news, two devastating earthquakes have hit Nepal. In a country famous for its beautiful buildings, many have been reduced to rubble. Tragically, more than 5,000 people have been killed and as many as one in four people in Nepal have been impacted — that's about the same number of people that live in NSW, the ACT, and the NT combined!

In the weeks after the earthquake, survivors are still sleeping in the streets or camps. Homes, roads and other infrastructure have been seriously damaged, and food and clean water is scarce.

Next week on **Wednesday 20th May**, the School Leaders and SRC are holding a **Mufti Day** at our school where students are encouraged to wear blue, red or white, and bring in a gold coin donation.

Last Day of Term 2

Friday 26th June

First Day of Term 3

Tuesday 14th July

Year 5 Opportunity Class Placement in 2016

The application process for Year 5 opportunity class placement in 2016 is about to begin.

Important dates are as follows:

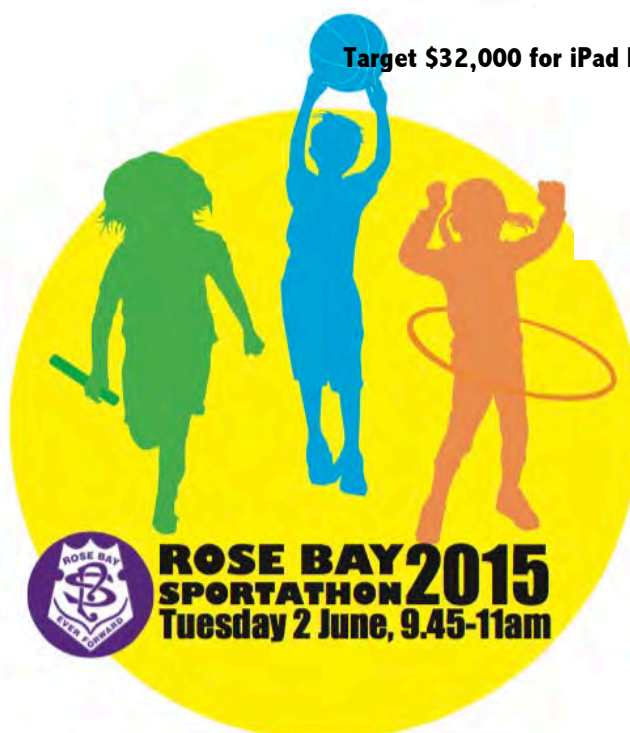
Monday 27 April 2015: Online applications open

Friday 15 May 2015: Online applications close

Wednesday 22 July 2015: Opportunity Class Placement Test

Parents will be able to access the online application at www.schools.nsw.edu.au/ocplacement

Target \$32,000 for iPad Learning Centres



It's that time of year again – Rose Bay Public School's annual Sportathon. Below is all the information students and parents need to know about the fundraising event.

1. The Game Plan

All athletes (aka students) will participate in the Sportathon on Tuesday the 2nd June. The event is divided into two circuits each containing 13 sporting activities. While the event is fun for the entire school community, it also acts as a major fundraiser.

2. Sponsors

The athletes will receive their event booklet this week. It includes an outline of the circuit activities and a page for the athletes to collect their sponsors. These could be family, friends and neighbours.

3. The 'Big Event' – Tuesday 2 June (note, in case of rain it will be held on 4 June)

Every athlete is asked to dress in their class country colours (even if the weather looks questionable in the morning). Please also ensure the athletes wear sports shoes, sunscreen and hat/cap. Athletes should arrive at 9.20am, as usual with their event booklets.

If you want to help run one of the activities, please email your name, plus your child's name and class to rosebaypc@gmail.com.

4. Sponsorship Collection

Athletes have until Wednesday 17th June to return their money and forms to be eligible for the prizes which will be announced at assembly on Wednesday the 24th June.

- There will be a collection desk (next to the office each morning from 8.50am-9.20am) following the event for all returning money and forms; alternatively
- You can leave your form and money in an envelope in your child's plastic folder OR new this year you can go online via the Flexischools website www.flexischools.com.au (*PLEASE include your name and class on the form so we can drop off a magazine*).

5. Prizes

There are fantastic prizes to be won this year!

- The top sponsorship collectors will each receive fabulous prizes like a 'Leap Frogs Action Sports & Games' birthday party (worth \$200) or a term at Goal Soccer Academy (worth over \$200), Toon Creations –cartoon workshop gift package (worth \$250) or a family pass to a Waratahs rugby game.

We have a \$30 draw for sports prizes and vouchers, and a \$100 draw. Prizes on offer:

- Sydney Swans family passes in an outdoor corporate box
- Sport Pack from Peter Wynn's Score
- Let's Go Surfing –surfing lessons
- Gift vouchers for Bondi Trattoria and Pita Mix
- And many more prizes to be won

As a bonus, all athletes who bring in their sponsorship money will receive a "thank you" gift of a magazine!

We hope all the athletes have a fantastic day, and thank them in advance for finding their 'sponsors'. All money raised will go towards new Mobile Learning Centres which will benefit ALL our children.

Rose Bay Public School Welcomes Love Food to our Canteen!



Love Food & OBK Blurb

Angelika and Verena Mortimer are two sisters that have always loved food and healthy eating; hosting countless dinner parties, their food always gained notice, particularly their lunches in the office. It wasn't until their Father was diagnosed with Cancer however, that their extensive research found that an alkaline diet was the best option for keeping the body in its healthiest state.



So in 2013 Love Food was born, a fresh daily delivery service direct from kitchen-to-desk, designed to provide office workers with a nutritionally balanced and alkaline menu.

They thoroughly enjoy producing food that is tasty, healthy and hearty, which they genuinely make with love. They say the best thing about their job is helping people to feel full of energy, noticing changes in their attitudes towards food and even themselves.

Being hands-on Aunties, they have always understood the importance of children growing up having a healthy attitude & knowledge of food and are very excited to help make a change through the Rose Bay canteen, which they will be running from 9th June. In order to do this, they have partnered with the non-for-profit 'Our Big Kitchen' in Bondi to produce clean, sugar-free, natural and fresh canteen options.

Love Food has been working out of Our Big Kitchen (OBK) since November 2014 and has established both a solid working relationship as well as a shared passion for making good food with love!

OBK was founded in 2007, a community-run kitchen to help those in need and is a registered charity. The industrial kitchen is HACCP approved as well as both Kosher and Halal certified. OBK cooks countless meals for people in need and other charities, host numerous events, corporate team building and cooking classes, along with many children coming through their doors for their 'Kids Giving Back' programs. In 2014, OBK produced over 70,000 meals.



Take a look at our Sample Menu

LOVE FOOD MENU

Rose Bay Public School Sample Menu
Providing Fresh, Colourful, Nourishing & Sugar-Free Food

LUNCH

Oodles of Noodles – Rice Noodles with Chicken, Grated Vegetables, Edamame & GF Soy Sauce

Cup-A-Doodle Soup – Homemade Daily Special

Hot Potato Hot Potato – Fillings: Mexican Bean Mix, Cheese & Tomato, Roasted Veggies

Green Monster Pesto Pasta

Sushi – Salmon & Avocado, Chicken & Lettuce, Veg

Chicken Popeye Salad

DRINKS

Cheeky Monkey Smoothie – Mixture Of Banana, Berries, Mango & Milk

Tutti Fruit Juice – Freshly Pressed Vegetables & Fruit

Cocoa Crush Milk – Sugar Free Choc-Style Milk

SNACKS

Bliss Ball – Homemade Ball with Oats, Cocoa, Dried Fruit & Rolled in Coconut

POP! Popcorn – Lightly Salted

Veggie Sticks with Homemade Hommus

Seasonal Fruit Cup

www.lovefood.co



0406 818 066





ROSE BAY P&C NEWS

Mother's Day

A big thanks to everyone who supported the Mother's Day Gift Stall.

I want to especially thank the incredible organiser Tali Fisher who took on the coordination of the event at very short notice and was able to bring together so many wonderful volunteers and businesses to support the school. A huge thanks also to Michael Hyams who designed the poster and flyer for the event.



Together we have raised over \$4000 in this event and everyone involved should be congratulated for such an amazing effort.

I hope you all loved your gifts and I know the children absolutely loved choosing something for you.

Sportathon

This year's Sportathon will be held on 2 June. This is a fantastic event that all the children really look forward to. Booklets will be sent home this week with all the details and also see the poster in this newsletter. Cindi Shaw and Lisette MacDonald are the dynamic duo organising this event – thanks to you both for all your hard work.

Next meeting

The next meeting of the P&C is on Tuesday 19 May after the maths evening with Anita Chin. Please join us for a short meeting from 7:30 in the school library.

Lisa Cahill
P&C President



A Royal Touch!

Last week, James (3S) and Audrey (KP) were lucky enough to meet and chat with His Royal Highness Prince Harry at the Macquarie University Clinic. They proudly presented two Australian picture books for the 'Young Royals', Prince George and Princess Charlotte, on behalf of Rose Bay Public School.





RBPS Cross Country Carnival 2015

On Wednesday 29th April, our annual RBPS Cross Country Carnival was held at Lyne Park for children in years 3– 6. Children turning 8, 9 or 10 years old this year participated in a 2Km event and children turning 11 or 12 years this year participated in a 3Km race. Every child who entered a race did the very best they could which was so pleasing to see. Below are the results of the Cross Country Carnival – Well done to these athletes who gained such wonderful results! Children who have been selected to represent RBPS at the Sydney Coastal PSSA Cross Carnival have be notified.

We wish them the very best of luck!! S. Mills (PE Teacher)

8/9 Years Boys	8/9 Years Girls
1. Reece Carr	1. Thea Green
2. Ethan McArdle	2. Victoria Wang
3. Aiden Kanevsky	3. Amelie Trope
4. Edison Low	4. Zoe Catzel
5. Ben Jacobson	5. Jemima Salt
6. Jake Cane	6. Abby Anusaitis
10 Years Boys	10 Years Girls
1. Jonah Trope	1. Kitty Green
2. Dylan McCulloch	2. Ava Klinger
3. Harvey O'Malley	3. Nina Krecklenberg
4. Gideon Jaque	4. Audrey Dumer – Zenou
5. Naor Ross	5. India Ruppert
6. Mackenzie Charles	6. Michelle Gronich
11 Years Boys	11 Years Girls
1. Charlie Germane	1. Allegra Symonds
2. Max Krimotat	2. Hunter Weinberg
3. Finnegan Callanan	3. Grace Mackinnon
4. Luke Gillibrand	4. Zoe Katsabaris
5. Ethan Lazarow	5. Sofia Zorbas
6. Max Murray	6. Zoe Henningham
12 Years Boys	12 Years Girls
1. Luke Adam	1. Sunday Salt
2. Lamar Broun-Griffiths	2. Gracie Hyde
3. Toby Port	3. Jasmine Callanan
4. Ariel Filler	4. Tara Linker
5. Mark Gapanov	5. Alisa Tyshchenko
6. James Sperling	6. Paris Nilsson



NSW Premier's
Reading Challenge

All NSW public schools have access to the Premier's Reading Challenge. You can access the site by: <https://online.det.nsw.edu.au/prc/home.html> or google search Premier's reading challenge. Your child's school portal log in and password will give you access to log in. It is the same login and password that they use during their lab time to access the internet.

The Premier's Reading Challenge website has information for parents and details about how to add books online and the quota needed to take part in the challenge. The challenge has a wide variety of books and our school has many of the titles. Students are encouraged to visit their local library and borrow. The challenge closes August 21st so if you want to take part log in and start reading. Please note that this is not compulsory and that the website has all the details to participate.

Sarah Skelton (School Librarian)

Dear Parents,

RBOOSH will be holding their 2015 Annual General Meeting on Tuesday 26th May 2015 from 6pm at the centre. Babysitting will be available upon request. This meeting is open to all, and it will be followed by a regular Committee Meeting.

RBOOSH is a community based, not for profit organisation which, along with the staff, is run by parents who volunteer their time to form the RBOOSH Parent Management Committee. If you are interested in helping out, please attend our AGM. Any questions, please contact Raph via email, rboosh@bigpond.com

RBOOSH Committee and Staff

DIRECTIONS IN music

Inspire, Create, Perform.

Rose Bay Public School Band Program **Band News**

Well done to the Junior Band who gave their first performance for term 2 in the School Assembly. Great performance Junior Band and keep up the good work.

Don't forget to visit the schools webpage on our website at - www.directionsinmusic.com.au

Upcoming performance!

- Junior and Senior Band – Winter Band Bash, 23rd June

What to practise!

- **Junior Band** – Junior Band should now be starting to look at the exercise on page 10 in your red books as well as your first piece of music which you got last week, ***Beethoven's Ninth!***
- **Senior Band** – Continue to work on ***Let it Go*** from term 1 as well as your new pieces of music, ***The Spook, Trolls*** and ***Lean on Me***.

Practice tip – Remember, it's not a race!

Keep in mind that each person learns differently, some are quick learners while others take time to progress. Don't be ashamed if you feel you're progressing slower than your classmates. Remember the story of the tortoise and the hare? Keep that in mind when you're having self-doubts. The best musicians reached their level of success through determination and patience. It is not about how quickly you learned to play a music piece; it is about playing from your heart.

Section of the week!

This week it goes to the.....***Clarinet section!!!***

Richard Sandham

RBPS Program Manager



At 10am on Friday the 24th of April, students from Year 2 to Year 6 stopped and paid their respects to our fallen ANZAC's at a special assembly in the hall. Year 6 students began the assembly by singing a moving tribute led by Ms Bartholomew and the school leaders ran the remainder of the assembly. All Public Schools in NSW ran special ANZAC assemblies last week, but at Rose Bay we were very fortunate and honoured to have the Ode read by Chief Petty Officer Lawless of the Royal Australian Navy and the Last Post and Reveille played on the trumpet by Leading Seaman Turpin. Their contribution made our assembly even more special. In the lead up to the assembly, students in all years learnt about ANZAC Day through reading and exploring poignant themes in beautiful new picture books in the Library. Students also worked on creating red poppies in order to create a large wreath that was on display during the assembly.



Rose Bay Public School Parent Mathematics Information Session

Come and learn more
about the New
Mathematics
Curriculum and how to
help your child with
Maths at home!



The session for parents will be fun, engaging and informative. Anita will model hands-on activities to support mathematical learning covering concepts K-6 and beyond.

Rose Bay PS teachers have been working with our Professional Learning Partner, Anita Chin, to inform and support us in the implementation of the new NSW Mathematics syllabus for the Australian Curriculum.

When: Tuesday 19th May

Time: 6:30pm – 7:30pm

Where: RBPS School Library

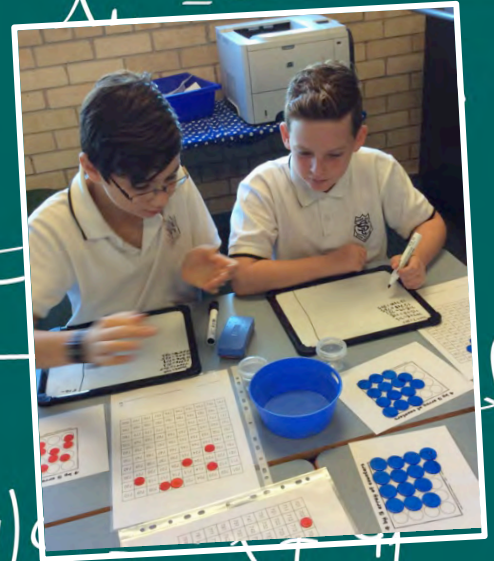
RSVP:

www.schoolinterviews.com.au

Please enter the code 4CUP6.



Maths with year 5



Year 5 students have explored the importance of a concrete-pictorial-abstract approach to explaining their mathematical thinking.



These images show students making the maths visible, then describing what they saw in both verbal and written forms through the technique of 'Make it, say it, draw it, write it'.

2015 TERM 2 INVOICE

Please pay on-line by Thursday 14th May 2015.

On-Line Payment Instructions:

Go to Rose Bay Public School Website.

Find the **\$ Make a payment** link on the front page of the website.

Follow the instructions.

You do not need to enter a student registration or Invoice number.

Each child needs a separate on-line payment.

The costs below are for activities during Term 2, 2015.
Please make sure all invoices are paid in full or alternatively
call the office to discuss a payment plan.

Permission notes will be sent out separately for each excursion.
Please ensure they are signed and returned to the class teacher before the due date
so that your child is allowed to attend the excursion.

ACTIVITY	DATE	COST	KN KG KD KF KH	1T 1P 1Z 1B 1H	2C 2D 2M	3G 3T 3S 3W	4D 4M 4L	5H 5E	5/6E 6M 6J
Yr 1 Science incursion	14/05/2015	\$7		\$7.00					
Yr 3 Science Incursion	20/05/2015	\$6				\$6.00			
Yr 5 Excursion to State Govt House	9/06/2015	\$9						\$9.00	\$9 Yr 5 only
Yr 4 Field of Mars Excursion	11/06/2015	\$25.00					\$25.00		
Gymnastics	Fridays over 8 weeks	\$45		*\$45 - 1T only	\$45.00				
Zumba	Wednesdays over 8 weeks	\$25		**\$25 -except 1T					
TOTAL				**1P 1B 1Z 1H - \$32 *1T only-\$52	\$45.00	\$6.00	\$25.00	\$9.00	\$9 Yr 5 only

PAYMENT IS DUE BY THURSDAY 14th May 2015

*Should you wish to round the amount off, all extra money will be donated to Stewart House,
the official charity of the NSW Department of Education and Training.*

Name: _____

Class: _____

1ST NEW YEAR'S RESOLUTION... SAVE SAVE SAVE!

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- ☐ Investment property
- ☐ Overseas holiday
- ☐ Buy beach house
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DAVE FIFE, DAVID PEARCE, JEREMY CAMERON, KIEREN JACK, JACK GUNSTON, DAVID ZORKO, RORY SLOANE




COME PLAY FOOTBALL, DUNBAR ROVERS JUNIORS
2015 SEASON REGISTRATIONS ARE OPEN



Boys and girls turning 5, 6 and 7 in 2015:

- When:** Each Saturday morning from 8.30am – 9.45am commencing the 18th April.
- Where:** NCIE, 180 George Street, Redfern
- Season:** will continue at the same venue and same time each Saturday morning until the end of August (except for the following school holidays and public holiday long weekends being the 25th April, 6th June, 12th July)
- Cost:** Ages 5-7: \$300 per child for the full season.
- Provided:** Qualified coaching, playing kit, ball, end of season trophy and most importantly fun!
- More Info:** Contact Gerry Fritman on 0413 647 664
- To register:** Please complete the registration form available on either www.dunbarrovers.com or www.facebook.com/dunbarcubs and email it back to gerry@rcf.net.au.

www.dunbarrovers.com or www.facebook.com/dunbarcubs

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ROSE BAY PUBLIC SCHOOL AFTERNOON MULTI-SPORTS TERM 3

ROSE BAY MULTI-SPORTS is a sports and games orientated program aimed at promoting sport for enjoyment and the development of vital fundamental movement skills.

The program is designed to provide children with the opportunity to:

- Enjoy a variety of games and activities
- Attempt new skills in a positive environment
- Further develop existing skills
- Engage with their peers in a fun setting
- Succeed

With who? Mrs Mills – Qualified Physical Education Teacher with a Bachelor Degree in Human Movement and Health Education.

Where? The RBPS school hall

When?

Mondays	Grades 2, 3 & 4	3.20pm – 5.00pm	Week 2 – Week 10	\$180
Thursdays	Grades K, 1 & 2	3.20pm – 5.00pm	Week 1 – Week 10	\$200

N.B - Monday sessions begin in Week 2 as Monday Week 1 is a Staff Development Day

Cost? Is shown in the above table.

For an alternative payment scheme, please contact me via email.

Reservations? Grades K, 1 & 2 (Thursday) <http://www.trybooking.com/134770>
Grades 2, 3 & 4 (Mondays) <http://www.trybooking.com/134772>

There is a limit of 25 children per class to ensure maximum involvement.

Contact? For all enquiries, please contact Mrs Mills at
rbmultisports@gmail.com

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Communicable Diseases Factsheet

Whooping Cough (Pertussis)

Last updated: 30 March 2015

Whooping cough affects people of all ages. It can be especially serious for babies. Vaccination reduces the risk of infection.

What is whooping cough?

Whooping cough can be a life threatening infection in babies. Whooping cough in babies can lead to apnoea (pauses in normal breathing), pneumonia, feeding problems and weight loss, seizures, brain damage and, in some cases, death. Older children and adults can get whooping cough too and pass it on to babies.

What are the symptoms?

- Whooping cough usually begins like a cold with a blocked or runny nose, tiredness, mild fever and a cough.
- The cough gets worse and severe bouts of uncontrollable coughing can develop. Coughing bouts can be followed by vomiting, choking or taking a big gasping breath which causes a "whooping" sound. The cough can last for many weeks and can be worse at night.
- Some newborns may not cough at all but they can stop breathing and turn blue. Some babies have difficulties feeding and can choke or gag.
- Older children and adults may just have a cough that lasts for many weeks. They may not have the whoop.

How is it spread?

- Whooping cough is spread when an infectious person coughs bacteria into the air which can be inhaled by people nearby. If they are not treated early, people with whooping cough are infectious in the first three weeks of their illness.
- Whooping cough spreads easily through families, childcare centres and at school.

Who is at risk?

- Anyone can get whooping cough. People living in the same household as someone with whooping cough are especially at risk.
- Immunisation reduces the risk of infection but immunity fades over time. You can still get whooping cough even if you've been immunised.

How is it prevented?

Whooping cough vaccines provide good protection from infection but immunity fades which means that boosters are needed.

Immunisation for babies

- Babies need to be immunised at 2 months, 4 months and 6 months. The first dose can be given as early as 6 weeks of age.
- Getting your baby vaccinated on time gives them some protection when they are most at risk of severe illness.
- If your baby's vaccines are overdue, see your GP now to catch up.

Immunisation for older children

- A whooping cough booster is needed at 4 years of age.
- Check if your child has been vaccinated. Look at their Blue Book, speak to your GP or ring the Australian Childhood Immunisation Register on 1800 653 809.
- A second whooping cough booster is given in high school through the NSW School –based Vaccination Program.

Immunisation for adults

A booster for adults is recommended for:

- Women who are in the third trimester of pregnancy, preferably at 28 weeks. Free vaccine is provided in NSW through GPs and hospital antenatal clinics.
- Other adult household members, grandparents and carers of infants under 12 months of age.
- Adults working with young children, especially health care and child care workers.

If you are a close contact of someone with whooping cough:

- If you have been exposed to someone with whooping cough early in their illness while they are infectious, watch out for symptoms and see your doctor if you get a new cough.
- Some babies and some pregnant women need antibiotics to prevent whooping cough infection if they have had significant contact with an infectious person.

How is it diagnosed?

Your doctor may ask about your symptoms and whether there you've had any contact with whooping cough. If your doctor thinks you have whooping cough, a swab from the back of the nose or throat can confirm the diagnosis.

How is it treated?

- Some babies may need treatment in hospital or in intensive care.
- Antibiotics are used to treat whooping cough in the early stages and can help prevent spreading whooping cough to others. People who are not treated early with the right antibiotics can spread the infection in the first 3 weeks of their illness. After 5 days of antibiotics, you are normally no longer infectious.
- The cough often continues for many weeks, despite antibiotics.

What is the public health response?

Doctors and laboratories must confidentially notify cases of pertussis to the local Public Health Unit. Public Health Unit staff can advise on the best way to stop further spread.

Infectious children are restricted from going to pre-school and school. Unimmunised contacts may be excluded from child care unless they take the special antibiotics.

Identify - Protect – Prevent

NSW Health whooping cough campaign <http://www.health.nsw.gov.au/PublicHealth/Infectious/whoopingcough/index.asp>

For further information please call your local Public Health Unit on 1300 066 055 or visit the New South Wales Health website www.health.nsw.gov.au