

Rose Bay Public School

Newsletter

18th March 2015



Dates for Your Diary

March

- 18 Grandparents Day – Kindergarten only
- 19 School Photos
- 20 Last Day PSSA Sport Term 1
- 20 Bookings Close Parent/Teacher Interviews
- 20 Canteen Tender Closing Date
- 20 Working Bee in the garden 3:30p.m.
- 23-27 Parent Teacher Interview Week K-6
- 23 Young Leaders Conference
- 23 Junior Band Performance
- 24 School Photos
- 25 Senior Band Assembly Performance
- 26 Harmony Day
- 27 Year 4 Science Incursion
- 28 P&C Bric a Brac Markets
- 30-1 Year 6 Canberra Camp

April

- 1 Stewart House Bag Collection
- 2 Last Day of Term 1
- 21 First Day Term 2

**Last Day
Term 1**

**Thursday
2nd April**

**First Day
Term 2**

**Tuesday
21st April**

Rose Bay Public School School Photographs

This **Thursday 19th March** we have sibling, violin group, school leaders, senior and junior band as well as the whole Year 6 photo and classes 5/6E and 6M.

Next **Tuesday 24th March** all other classes will have their class photo and individual portraits taken. All students will need to wear their full summer school uniform and black school shoes on both photo days.

All photos can be paid for online via www.advancedlife.com.au with the online code: E5R F6Z DA9 Sibling orders are due by 17th March and Class photo and portraits are due 24th March. Online payment is preferred however if you need to pay cash please seal the correct money in the advanced life envelope and return to the class teacher on the day of the photograph.

Sarah Skelton

School photo coordinator

ENTERING THE SCHOOL

A gentle reminder to parents and caregivers about being on school premises during school hours. It is essential that all visitors go to the front office for 'late' drop off or 'early' pick up from school. Parents or caregivers working in some capacity around the school are required to sign in as a visitor and wear a visitor's badge, as part of our Work Health & Safety procedures.

**ALL
VISITORS
MUST
SIGN IN
AT OFFICE**

Student Representative Council (SRC)



SRC members were elected by their class mates after presenting a brief speech about why they would make an ideal leader. Congratulations to all SRC members for 2015:

Class	Female	Male
1H	Maddie M.	Conrad L.
1T	Haley K.	Dylan D.
1B	Charlotte J.	Greg C.
1Z	Azure B. G.	Asher L.
1P	Ella B.	Jake H.
2M	Sienna D.	Sebastian S.
2C	Lexi F.	Charlie. S
2D	Ariella H.	Will B.
3W	Elsa F.	Ben J.
3T	Jessica A. W.	Dylan F.
3G	Valerie A.	Valentino G.
3S	Inez C. H.	James B.
4D	Zoe C.	Thomas S.
4W	Lily M.	Matan B.
4S	Candace J.	Oliver C.
5H	Sophia C.	Ethan L.
5E	Zoe H.	James L.
5/6E	Ruby A. W.	Zak C.
6M	Francez M.	Nathan R.
6J	Indiana C.	Benjamin K.

SRC members had their first meeting on Monday 9th March with Miss Williams and Miss Tokumitsu, where they discussed the role of SRC at Rose Bay Public School. SRC members represent all students in the school and organise ways for students to participate and contribute to their school community.

With many wonderful ideas already being presented, we look forward to developing and implementing these throughout the year. SRC meetings are to be held every second Monday at lunch-time.



SCPSSA

Swimming Carnival 2015

After a successful school swimming carnival in Week 2, 39 children represented Rose Bay Public School at the SCPSSA Swimming Carnival on Wednesday 4th March at Des Renford Pool, Maroubra.

Congratulations to all swimmers who overcame pre-race nerves and achieved personal best times in their swimming events. Mrs Young, Mr Everett and myself were very proud of all Rose Bay competitors who showed good sportsmanship and pride throughout the day. We are lucky to have such supportive parents, many who took time off work to cheer and support not only their own children but the whole Rose Bay Swimming Team.

Congratulations to Lily who came 1st place in the Junior 200m Medley and 1st place in the Junior 50m Breaststroke. Congratulations Mackenzie who came 3rd place in the Junior 50m Backstroke. Lily has been selected to represent SCPSSA at the Regional Swimming Carnival at Homebush.

Our best wishes go to Lily.

Jody Wynn (Sports committee)

Stewart House Collection

Stewart House is the main charity supported by Rose Bay.
Last week your child brought home a collection bag.

Please show your support by returning the Stewart House charity clothing bags to the school hall by Wednesday 1st April 2015. Please fill them with good, clean, wearable clothing, shoes, sheets or blankets.

For more information about Stewart House please visit
<http://www.stewarthouse.org.au/>





P&C NEWS

Bric a Brac Markets

Market Day is 28th March from 9:00 to 2:00 pm. Please check in with your class parents to see what you can do to support your Year groups stall. It may be giving an hour or two of your time on the day, donating some things or helping to organise in the lead up. Whatever you can do to support this P&C fundraising event would be fantastic.

If you haven't secured your own stall yet there is still time!

Woollahra Community Markets are doing a fantastic job getting it all together with the support of the P&C. There will be lots of stalls and food options as well as some great entertainment. The wonderful Tami from Kool Kidzz will be there with her team organising craft activities for the kids.

Kool Kidzz have a fantastic program coming up during the holidays. Visit Koolkidzz.com.au for more information.

Mother's Day Event

The P&C are looking for a couple of people willing to coordinate this year's Mother's Day event. Please contact rosebaypc@gmail.com.au if you are interested in doing this before the holidays so that we can get cracking on it. We really need a willing volunteer or two to make it happen.

It could be a breakfast along the lines of last year or a gift stall for children to buy presents for their mums or you may have another great idea! You will be supported by the P&C Executive and wider P&C in whatever event you choose to create to celebrate this special day. The date set down is Friday 8th May.

Lisa Cahill
P&C President



28 March 2015 - NSW State Election
9am - 2pm @ Rose Bay Public School
1 Albermarle Avenue
a polling booth for NSW State Election

If you wish to sell clothes and household possessions
Take a stall @ \$50 for the day
Open to everyone!

Fundraiser for Rose Bay Public School



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Harmony Day celebrates Australia's cultural diversity. It's about inclusiveness, respect and a sense of belonging for everyone.

Rose Bay Public School will be celebrating Harmony Day on Thursday 26th March.

This will be a mufti day- No school uniform. Students are asked to dress in **orange** or bright coloured clothes on this day. The students are kindly asked to bring in a gold coin donation.

When: Thursday 26th March

Wear: **Orange** or bright coloured clothes

Bring: Gold coin donation

CANTEEN TENDER Closes this Friday 20th March

**CALL FOR TENDERS
ROSE BAY PUBLIC SCHOOL
CANTEEN LICENCE**

Tenders are called for the licence of the Rose Bay Public School canteen from Term 2 (Tuesday 21 April 2015) for a term of 3 years with an option to extend a further 2 years. Annual school enrolments are approximately 600.

The canteen model can range from a traditional canteen model to more innovative and new models such as catering models for pre ordered items only, set and limited days of operation, food specials for lunch service only. This is not an exhaustive list and we are happy to consider all models.

General enquires and requests for a Tender Information Package should be referred to:
Helen Tassie - Helen.tassie@det.nsw.edu.au
Rose Bay Public School, Phone: 9371 4800

Tenders must be submitted in a sealed envelope marked "Confidential - School Canteen Tender" and placed in Tender Box in the School administration office or sent to:
The Principal
Rose Bay Public School
Albermarle Ave, Rose Bay NSW 2029

Tenders close at 2pm on Friday 20 March 2015

A tender visit and briefing session is planned for 11.30am Monday 16 March 2015 at Rose Bay Public School. Please RSVP for this session via email to Helen.tassie@det.nsw.edu.au.

DIRECTIONS IN **music**

Inspire, Create, Perform

Rose Bay Public School Band Program

Where to find information?

Did you know that the Directions In Music Website has a page specially dedicated to your school?

This is a great way of keeping up to date with what's going on with the school band.

On the website you will find all the information you need regarding what you should be working on and any upcoming performances.

We also have an online shop so if you need any accessories such as reeds or valve oil you can order them online.

Visit our website at - www.directionsinmusic.com.au

Upcoming performance!

- The Great Hot Cross Bun Festival – Junior Band – 23rd March
- Assembly Performance – Senior Band – 25th March

What to practise!

- **Junior Band** – Junior Band have now progressed on to page 8 of your Tradition of Excellence book.
- **Senior Band** – Evening at the Symphony, Procession of Heroes, Let it Go and The Spook!

Practice tip – Practise for at least 20 minutes daily!

Why 20 minutes? I find that this is a manageable time for beginners, it's not too short that you get nothing done and not too long that you end up feeling bored. Devote 5 minutes for warm-ups and 5 minutes for cool downs, just like a regular exercise. As your interest grows you'll find that your daily practice time will also extend.

Section of the week!

This week it goes to the.....**Trumpet section!!!**

Richard Sandham

RBPS Program Manager





Harmony Day celebrates Australia's cultural diversity. It celebrates inclusiveness, respect and a sense of belonging for everyone. Rose Bay Public School will be celebrating Harmony Day on Thursday 26th March, 2015. Classes will participate in activities focused on living in harmony with others. Students will also participate in a whole school activity to celebrate diversity within our school.

Students are asked to dress in orange or bright coloured clothes on this day. They need to wear appropriate clothing for school and closed shoes. The students are kindly asked to bring in a gold coin donation. All money raised will be donated to Stewart House. Stewart House is an important charity that supports public school children in need in both NSW and ACT.

We are looking forward to celebrating Harmony Day with all students.





Rose Bay students had a memorable experience with our artist in residence **Mr Sean Ryan**.

All classes were involved in painting a 1.5m by 4m collaborative artwork that depicts the school's connection to the community, our local topography and strong links to our past. We started the day on Wednesday with a traditional smoking and cleansing ceremony, as well as a didgeridoo performance and Acknowledgement of Country.



Being Emus at the assembly



Following this, each class participated in a creative workshop with Sean where the students were taught about the significance of, and meaning behind many indigenous symbols. Each student was involved in making a mark on the painting and together with its vibrant colours it encompasses all that Rose Bay PS is.



The artwork is now being framed and it will be displayed in the stairwell going up to the library shortly. The students and staff are very excited to see it up on their way to the library!



Year 2 Science Investigations

Look! Listen!



2D EXPLORED SOUNDS USING A COAT HANGER AND STRING

We asked...

How sounds travel to our ears?

Do sounds travel better through the air or through string?

For our experiment we tied 2 pieces of string to a wire coat hanger.

We got ready to investigate the sound of a pencil being tapped against the wire coat hanger.



First we held the string in our hands. We tapped a pencil against the wire coat hanger and listened to the sound. Next we wrapped the string over our ears. We tapped the pencil against the wire coat hanger again and listened to the sound.

We thought that the sound was louder when we listened through the string. We thought it sounded more like metal. From our experiment we found out that sounds travel better through string than through the air.



2M EXPLORED SOUNDS USING STRING PHONES

2M took a step back in time and used some old fashioned technology to make a string phone while learning about sound. We used some string, a sharpened pencil and a few paper cups to get started.

We learned that speaking into the cup created sound waves, which were converted into vibrations at the bottom of the cup. The vibrations travelled along the string and were converted back into sound waves at the other end so our friends could hear what we said. We also discovered that sound travels through the air but it travels even better through solids such as a cup and string, allowing you to hear sounds that might be too far away when traveling through the air.



GOOD VIBRATIONS IN 2C

2C investigated how objects move to produce sound.

Students worked together in pairs to explore what happens

when you speak into an inflated balloon. Whilst one person held the balloon, their partner spoke clearly into it. Students could feel their lips tingle (vibrate) as they spoke into the balloon. We also discussed what would happen if students altered their volume. So we conducted an experiment by testing what would happen if we spoke

louder

or

softer

into the balloons. 2C discovered that when they spoke louder, the intensity of the vibrations increased and when they spoke softer the vibrations were less intense.



Bric a Brac Markets @ Rose Bay Public School

Market Day is 28th March from 9:00 to 2:00 pm. Please check in with your class parents to see what you can do to support your Year groups stall. It may be giving an hour or two of your time on the day, donating some things or helping to organise in the lead up. Whatever you can do to support this P&C fundraising event would be fantastic.

So far we have three stalls confirmed:

Year K: Adopt a Bear coordinated by Lisa Stanley (Bears can be dropped off at the canteen everyday next week from 9:00 to 9:20)

Year 2: Garden Stall coordinated by Emma Daniels

Year 3: Cake Stall coordinated by Year 3 parents

Please contact Mandy Suppree (suppree@gmail.com) if you are able to coordinate a Year Group stall.

If you haven't secured your own stall yet there is still time!



**28 March 2015 - NSW State Election
9am - 2pm @ Rose Bay Public School
1 Albermarle Avenue
a polling booth for NSW State Election**

**If you wish to sell clothes and household possessions
Take a stall @ \$50 for the day
Open to everyone!**

Fundraiser for Rose Bay Public School



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Public School at e: danelle@eftel.net.au or p:0419 253 788

ROSE BAY MULTI-SPORTS

ROSE BAY MULTI-SPORTS is a sports and games orientated program aimed at promoting sport for enjoyment and the development of vital fundamental movement skills.

The program is designed to provide children with the opportunity to:

- Enjoy a variety of games and activities
- Attempt new skills in a positive environment
- Further develop existing skills
- Engage with their peers in a fun setting
- Succeed

With who? Mrs Mills – Qualified Physical Education Teacher with a Bachelor Degree in Human Movement and Health Education.

Where? The RBPS school hall

When?

Mondays	Grades 2, 3 & 4	3.20pm – 5.00pm	Week 2 – Week 10	\$180
Thursdays	Grades K, 1 & 2	3.20pm – 5.00pm	Week 1 – Week 10	\$200

N.B - Monday sessions begin in Week 2 as Monday Week 1 is a Staff Development Day

Cost? Is shown in the above table.

There is an alternative payment scheme of a \$50 non-refundable registration fee – this will secure your child's place for the term and then \$20 per session (1 hour and 40 minutes) payable at each session.

Reservations? Grades 1 & 2 (Thursdays) <http://www.trybooking.com/124966>
Grades 3 & 4 (Mondays) <http://www.trybooking.com/124968>

There are a limit of 25 children per session to ensure maximum involvement.

Contact?

For all enquiries, please contact Mrs Mills at rbbmultisports@gmail.com .

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Hart Estate Agents is proud to be a **Community Partner** of Rose Bay Public School.

To further show our support, we will donate to the school each time we are engaged by a RBPS family - **\$500** if we sell your property, **\$200** for each property you give us to manage.

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(*and their families)

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Thursdays	Grades 1 and 2	3.20pm – 5.00pm	Week 1 – Week 10

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Cost? \$50 non-refundable registration fee – this will guarantee your child's place for the term.

\$20 per session (1 hour and 40 minutes) payable at each session.

Reservations? Grades 1 & 2 (Thursdays) <http://www.trybooking.com/124966>
Grades 3 & 4 (Mondays) <http://www.trybooking.com/124968>

Reservations can be made from Monday March 9th at 7.00am. There are a limited number of participants per session to ensure maximum involvement.

Contact?

For all enquiries, please contact Mrs Mills at rbmultisports@gmail.com.

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JewishCare

Promoting Positive Body Image in Young People in a Visually Saturated World

JewishCare invites you to attend a seminar and “Q&A” for parents, carers and professionals.

Join us in hearing from experts who will share their knowledge and experience. Topics will include:

- Understanding the range of influences that impact on a child's sense of self.
- Supporting children to build healthy body image and positive self-esteem.
- Practical strategies for building resilient and confident kids.

Date Wednesday 25th March 2015 **Time** 6:30-8:30pm **Cost** FREE

Venue Community Lounge, JewishCare 3 Saber Street Woollahra

RSVP To register for this event please go to <http://www.trybooking.com/HCRL>

The Speakers



Jennifer Bradon (Senior Psychologist, Northside Clinic)

Understanding the psychology and development of the young mind

Jen is a psychologist specializing in the treatment of various issues relating to body image. She currently works in a highly specialized inpatient unit and has many years experience in the treatment of eating disorders in adolescents. Jen has offered her opinion on this topic in numerous media outlets including The Sydney Morning Herald. Jen also currently teaches on the Masters of Professional Psychology at Macquarie University and co-owns a private practice.

Amie Morris (Founder, Project Shine)

Positive self-image: The role of media and its impact on young people

Amie is the Founder of Project Shine. She has 15 years experience working within the Media Industry, both in front of and behind the camera, in Fashion, Film, TV and Print. Through her experience, Amie became more aware of the pressures young people face through media consumption. This led her to establish Project Shine, a series of workshops for adolescent girls, taking a holistic approach to health, happiness and success.



Panel Q&A

Jennifer Bradon (Psychologist), Amie Morris (Founder, Project Shine), Michal Avnet (Clinical Psychologist, Israel).

JewishCare is a member of the JCA family of organisations

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