

# Rose Bay Public School

Newsletter 19<sup>th</sup> February 2014



## Dates for Your Diary

### February

- 19 Meet the Teacher Night
- 24 Junior Band Starts

### March

- 5 SCPSSA Swimming Carnival
- 6 Year 4 Kurnell Excursion
- 6 Year 3 Botanical Gardens Excursion
- 10 -14 Kindergarten Parent/Teacher Interviews
- 11 Rose Bay Secondary College Open Night
- 13 School Photos
- 13 Selective High School tests
- 18 Year 2 Sydney Tower Excursion
- 19 Grandparents Day**
- 20 School Photos –Day 2
- 24 Stewart House Bag Collection
- 26 Year 1 Toronga Zoo Excursion
- 27 Bully No More Show
- 31 Parent Teacher Interview

### April

- 2 Stewart House Bag Collection
- 11 Last Day of Term 1

## A few safety reminders

A reminder that the climbing equipment is out of bounds before and after school for all students.

Toddlers and pre-schoolers should not use this equipment at any time as it is designed for older children who must be taught how to use the equipment safely.

We have had a few nasty falls from the equipment during these times and we ask that the community support us in this safety matter.

Similarly students should go straight home when school concludes at 3.20pm There should be no handball or running around. Should any parent or carer be running late please contact the school and we will direct the students to the office area to wait.

Thank you for your assistance with these important safety matters

## TONIGHT Meet the Teacher

*Class information evening*

*K-2 5:00pm – 5:40pm*

*3-6 5:45 – 6:30pm*



Rose Bay Secondary College will be holding their  
**Open Night**

**Tuesday 11 March**

All parents are carers are invited to attend.

*Last day of  
Term 1  
Friday 11 April*

*First Day  
Term 2  
Tuesday 29 April*

## OFFICE HOURS

**8:30am to  
3:40pm**



## PLEASE HELP..... *Good Communication*

Please make going home arrangements with your child **before school**.

**In an emergency**, when telephoning the school in order to get a message to your child, please try to phone before 3:00pm.

Too often phone calls are received right on 3:20, making it very difficult for the office staff to locate children once their class has been dismissed.

*Thank you for your assistance*

### **Student Attendance**

A reminder to parents that the Education Act requires all students to attend school each day the school is in operation. Good attendance sets up good habits for future success in school and work. Students who miss school can miss some key concepts being taught and then find it difficult to pick up the threads when they return. Students should be at school every day unless they are sick or on approved leave. Removing students from class early to attend *weekly* activities such as dance, drama, music, ballet, swimming lessons, sport programs, singing lessons, yoga etc is not accepted by the Department and an absence from school will be recorded. There will be no exemption from school granted.

## SPORT CAPTAINS

On Wednesday 12<sup>th</sup> February our Sport Captains for 2014 received their badges:

**Cook Sport Captains:** Dean Bennet  
Lara Feller

**Phillip Sport Captains:** Matthew Cussen  
Velvet Cardwell

**Macquarie Sport Captains:** Keanu Harris  
Olivia Stanton-King

**Wentworth Sport Captains:** Jordan Chapman-Race  
Louise Westlake

Our Sport Captains are to be commended for the marvellous job they did at the Swimming Carnival this week and will have numerous roles and responsibilities throughout the year which include organising/running Stage 3 fitness on a weekly basis and organising their respective teams at all major carnivals. We congratulate them and wish them well for 2014.

### **PSSA SPORT**

PSSA Sport for all primary students began Friday of last week. PSSA teams are expected to attend training regularly to improve their skills in preparation for Friday sport. Training also began in Week 3.

**Reminder...** training times for PSSA teams in Term 1:

WHEN?	WHO?	TEACHER?
<b>Tuesday Lunch First Half</b>	Senior Boys, Senior & Junior Girls	Miss Jones Mrs Mills
<b>Wednesday Morning 8:30am</b>	Junior Boys Oztag	Mr Dynan
<b>Friday Morning 8:30am</b>	Junior & Senior Cricket	Mr Gregg Mr Everett
<b>Friday Morning 8:30am</b>	T-Ball and Softball	Mrs Hilliard



### **School Sport**

School sport notes were given out on Monday of week 2. On Friday of week 2, all students were informed of what sport they would be participating in during term 1 and separated into their respective groups to have a brief meeting with their supervising teachers.

Students participating in tennis need to be at school by 9.00am at the latest. This will ensure rolls are marked and everyone is at Lyne Park on time for the 9.30am session to begin.

Students participating in athletics, cricket and soccer need to be at school at normal time.

## Library News

A reminder that we welcome parents as borrowers! This is a great way for you to borrow extra books to read aloud to your children. **Parents may borrow before school on Monday and Friday mornings 8.50 am – 9.20am. Please note that if the library door is closed then the librarian is currently not available.** Students may also return and borrow books (between their weekly library sessions) during the library lunchtime period. Books may be returned at any time and left in the *Book Box* which is located at the loans desk.

There are many reading initiatives to promote reading for your children. **World Read Aloud Day** is being celebrated on March 5<sup>th</sup>. **The Premier's Reading Challenge (PRC) begins 3<sup>rd</sup> March.** Students (and/or parents) log on to the website to record any books they read. Students may backdate and include books they read over the summer holidays. Students log on using their school computer username and password (class). All students in years 3 – 6 should be able to do this by themselves. Print copies of the book list record will be given to all kindergarten - year 1 children, and available to those year 2 students who will be participating. Rules may be found on the website. PRC spine labels are being affixed to library books that are on the reading list to make it easier for our students to find these titles. Please encourage your child/ren to participate.

Mrs Barrett



## FRENCH

French lessons have begun! Classes run from 8:15 am to 9:15am.

<b>Monday</b>	Year 4 children in Senior band
<b>Tuesday</b>	Year 4 children in Senior band
<b>Wednesday</b>	Year 5
<b>Thursday</b>	Year 6

Please assemble at 8:10 on the silver seats, or in the covered area near the canteen, in case of rain.

Fabienne Ovadia (French Teacher)



## Chess

Chess lessons for Years 1 to 6 have commenced!

***A reminder of times...***

**Wednesday Lunchtime** in the library for our experienced players.

**Thursday mornings** at 8:15am – 9:15am in 1Z classroom for Year 1 and 2 players.

**Friday mornings** 8:00am-9:15am in the 1Z for beginners.



## RBPS SWIMMING CARNIVAL 2014

On Tuesday 11<sup>th</sup> February 2014 our Swimming Carnival was held at Waverley College Pool. All students had the opportunity to participate in a variety of swimming races or a kickboard race throughout the day. The carnival was a fabulous day for everyone involved including children, staff and the many parents who gave up their time to come and support!!

The day was a success due to the efforts of both our exceptional teachers who worked so hard during the day to ensure everything ran to plan and a number of parents who gave up their time to help time the races. Another thank you must go to our Sports Captains for their leadership during the day.

Well done to EVERY student who got in the pool for one or many events on the day – every time you got in the pool you received a point for your house team!! Congratulations to the swimmers listed below who excelled on the day!! The overall places are worked out by the fastest times from all heats combined.

Well done to Phillip House for having the highest overall score on the day.

Samantha Mills (PE Teacher)

EVENT	1 <sup>st</sup> Place	2 <sup>nd</sup> Place	3 <sup>rd</sup> Place
Girls Open 100m Freestyle	Ariella Zilka	Jessie Styles	Zoe Catzel
Boys Open 100m Freestyle	Brock Lopes	Dylan Christie	Charlie Michell
Girls 8 yrs 50m Freestyle	Zoe Catzel	Jemima Salt	Abby Adetunji
Boys 8 yrs 50m Freestyle	Ryan Donoso	Fenton Morley	Sam Germane
Girls 9 yrs 50m Freestyle	Lily McCowan	Kitty Green	Sophia Clyne
Boys 9 yrs 50m Freestyle	Charles Lawrenson	Mackenzie Charles	Max Styles
Girls 10 yrs 50m Freestyle	Zoe Katsabaris	Leah Catzel	Georgina Williams
Boys 10 yrs 50m Freestyle	Charlie Michell	Charlie Germane	Kai Silby
Girls 11 yrs 50m Freestyle	Lara Freund	Arabella Ricardo	Abby Perkins
Boys 11 yrs 50m Freestyle	Ryan von der Heyden	Jordan Chapman-Race	Kian Uchitel
Girls 12 yrs 50m Freestyle	Olivia Stanton-King	Saskia Myers	Tawny Myers
Boys 12 yrs 50m Freestyle	Brock Lopes	Dylan Christie	Tommy Bailey
Girls Junior Breaststroke 50m	Lily McCowan	Georgina Williams	Scarlett Keato-Burgess
Boys Junior Breaststroke 50m	Charlie Michell	Charlie Germane	Jonah Trope
Girls 11 yrs Breaststroke 50m	Abby Perkins	April Lewis	Stella Mercurio
Boys 11 yrs Breaststroke 50m	Ryan von der Heyden	Declan Sullivan	Spencer Kapos
Girls 12 yrs Breaststroke 50m	Olivia Stanton-King	Lauren Cronin	Tawny Myers
Boys 12 yrs Breaststroke 50m	Brock Lopes	Matthew Cussen	Dylan Christie
Girls Junior Backstroke 50m	Zoe Katsabaris	Leah Catzel	Lily McCowan
Boys Junior Backstroke 50m	Charlie Michell	Charlie Germane	Mackenzie Charles
Girls 11 yrs Backstroke 50m	Arabella Ricardo	Abby Perkins	April Lewis
Boys 11 yrs Backstroke 50m	Kian Uchitel	Ryan von der Heyden	Ariel Filler
Girls 12 yrs Backstroke 50m	Olivia Stanton-King	Annika Mikler	Lara Feller
Boys 12 yrs Backstroke 50m	Brock Lopes	Matthew Cussen	Dylan Christie
Girls Junior Butterfly 50m	Lily McCowan	Sophia Clyne	Leah Catzel
Boys Junior Butterfly 50m	Charlie Michell	Charlie Germane	Finnegan Callan
Girls 11 yrs Butterfly 50m	April Lewis	Indiana Cooney	Maple Mirzaiyun
Boys 11 yrs Butterfly 50m	Ryan von der Heyden	Declan Sullivan	Kian Uchitel
Girls 12 yrs Butterfly 50m			
Boys 12 yrs Butterfly 50m	Brock Lopes	Dylan Christie	Matthew Cussen



## *Native Stingless Bees*

There was more than just a little buzzzz in the air last Thursday and Friday when Costa and the Gardening Australia Film Crew were filming the first day at Rose Bay School for more than 5000 new students. But don't be afraid that class numbers will be huge in 2014 and that traffic at morning drop off will seem like Bondi Junction at the Boxing Day sales.

Our 5000 new students have their own elevated demountable classroom over near the vegie garden and have already settled in to their new school environment.

So what exactly is all this about new students when term has already begun. Well we have become the proud new custodians of a Native Stingless Bee Hive. But rest assured native bees do not sting so there is no threat of allergies and reactions as would be the case with the European Honey Bee. Native bee hives can be spilt every 12-18 months depending on how good the season was for the hive and Costa has kindly donated the sister hive from his spilt to become the first hive for the school. This will become a priceless resource tool for the staff and students on so many levels from science to environment, ecology to gardening, art to food and more.

As part of the segment that will air on Gardening Australia on ABC1 6th April at 6:30pm and repeated on Sunday 7th at 1pm, students from Mr Everetts 5/6E class had the very rare opportunity to look inside a native bee hive and see just how incredibly resourceful and skilled our little native bees are. The hive is a complex series of tunnels for movement and access, pots for storing honey and pollen and then the brood core itself that looks like a beautifully designed spiral. All the bees have specific tasks, some remain 'house bees' and don't venture outside as they are busy loading the newly constructed cells with food and supplies ready for the queen to lay an egg and for them to close it over. Other workers are out in the field, only leaving the hive when the temperature is more than 17 degrees. This is why the extent of this variety of native bee *Tetragonula carbonaria* is only about as far south as Bega, its ideal home being the warmer parts further north. In fact there are close to 2000 different native bees in Australia but most are solitary except for about 10 varieties of social bees which actually form a hive and live together.

Our new bees will travel as far as 1km in search of their food and their main role will be to help pollinate all the plants in our school, from the vegie garden to the food forest, the frog pond and the bush tucker plantings. They are fascinating to watch and while they will produce some honey, they generally need the honey to see them through the cooler winter months when they don't go out because it is too cold. When our hive is ready to split we will be able to share the community bee keeping spirit by sharing with our sister high school at Rose Bay Secondary. The opportunities after this are endless.

So catch up with Mr Everett and the students of 5/6E and ask them some questions about native bees. They will be compiling a fact sheet that will be available for people to read and join the buzzzz of Rose Bay Beezzzzzzzz. **Environment Committee**



Looking at the split hive you can clearly see the spiral brood core which is made up of eggs, larvae and the pupae of young bees. At one end you can see the spherical storage cells for pollen. At the other end you can see the same sized cells that are storing honey, and around the outside are the tunnels to access all areas of the hive. These are made from tree resins and mixed with the wax that the bees produce to line the roof, floor and walls of the hive. What an amazing city they have constructed...



## CANTEEN NEWS

### Hello Parents, Carers and Students,

The summer menu is up and running. All your favourites are still available including pies and sausage rolls on Monday, the *very* popular Chicken Tenderloin Wrap on Tuesday, Hot Dogs on Wednesday, a *very delicious* Pasta on Thursday and Sushi on Friday.

There are great salad choices and toasted sandwiches are still the daily favourite. Take a look at the specials below. They are very popular and are here for a short time only (some conditions apply).

Have a look at the summer menu which is on the website and attached to this newsletter.  
Yours in good health,  
Helen.

**Monday**  
Free Milky Pop Icy  
with lunch order!

**Tuesday**  
Free Milky Pop Icy  
with lunch order!

**Wednesday**  
Free Milky Pop Icy or  
Water with Lean Beef Hot  
Dog Lunch Orders  
YUM!

**Don't forget to order online it's easy and saves time and you can order a week in advance. No more fussing around with coins.**

**[www.flexischools.com.au](http://www.flexischools.com.au)**







## Busy 5/6 bees! Let it BEE!



Mr Everett demonstrates and discusses the workings of the beehive!

Year 5 and 6 students have been busy learning all about bees thanks to a workshop with Entomologist Dr Tim Heard. The students learned some fascinating facts about bees and had the rare opportunity to explore the behaviour of bees in a hive in a very hands on way! Students also participated in the filming of the bees in their hives with Dr Heard and Costa at RBPS.



Students get a 'hands on' understanding of bee behaviour!



Entomologist Dr Tim Heard is filmed presenting the beehive!



### Did You Know?

The honey bee has been around for 30 million years!



Students gain a fascinating insight into the social structure of the hive!





# Year 5/6 students learn from an expert Entomologist!



A close-up shot of some  
honey storage cells



Students discuss the different roles  
within the bee community!



Students observe how the  
bees co-operate within the  
hive!



The beehive and its  
community busy at work!



## Did You Know?

Worker honeybees  
are all females and  
are the only bees  
most people ever  
see!







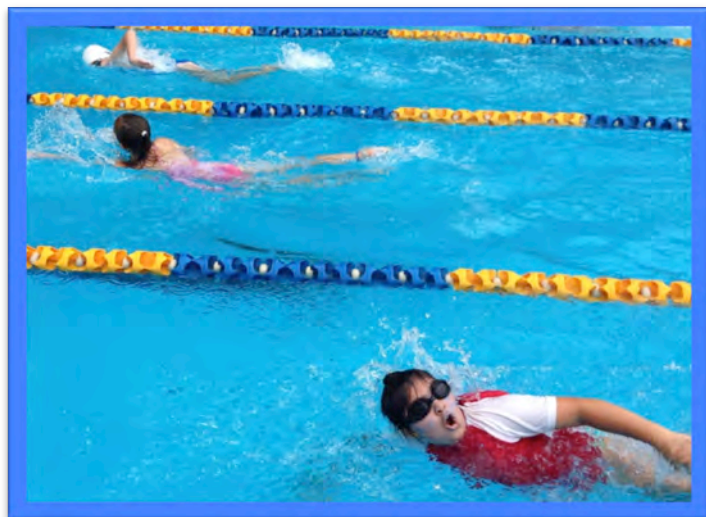
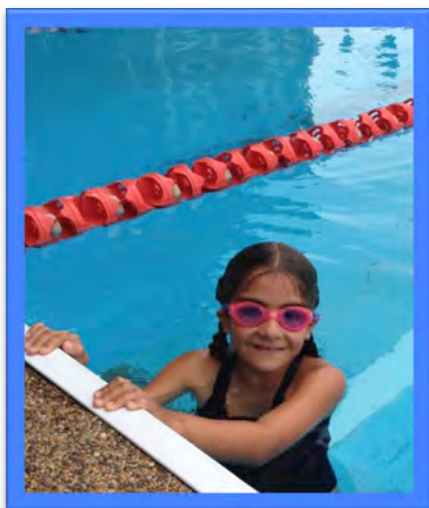
**Congratulations**  
to all of our Kindergarten  
children for a wonderful  
start to the year! They are  
settling in very well. The  
children are exploring  
their environment,  
earning many new things  
and making lots of lovely  
friends.







# 2014 swimming carnival





### TOASTIE BAR (Café Style Toasties)

Cheese Toastie	\$3.10
Ham & Cheese Toastie	\$4.20
Cheese & Tomato	\$3.50
Cheese & Avo Toastie	\$3.50
Ham Cheese Tomato	\$4.50
Cheese & Vegemite	\$3.00
Vegemite Toastie	\$2.50

### JUICE & MILK BAR

Low Fat Flavoured Milks	\$2.50
NUDIE 100% Juices	\$2.00
<b>Water 600ml</b>	\$2.00
Focus Natural "Sports"	\$2.50
Water – Blackcurrant & Fruit Tingle <b>350ml</b>	

### Muffins – 'KSA KIDS Range' –

Flavours rotate often. Made fresh.  
All natural, sweetened with real fruit  
and Stevia

Berry White Choc  
Black Forest  
Choc Chip  
Orange Poppyseed  
Banana Coconut

**ALL \$3.00**

'Because Healthy Habits Start Early...one  
step at a time'® [www.kidsteps.com.au](http://www.kidsteps.com.au)



### RECESS and ALL DAY ENERGY TOP UPS

Muffins	\$3.00
Banana Bread	\$3.00
KOALA Popcorn	\$1.50
(BBQ & Chicken)	
PIRHANA Veggie Chips	\$1.50
(Honey Soy & Salt n Vinegar)	
Red Rock Deli Chips	\$1.50
(Sea Salt & Honey Soy Chicken Flavours)	
Fruits (Seasonal)	\$1.00
Yoghurt Tub	\$2.50
MAINLAND Cheese N Crackers	\$1.50

### RECESS ONLY - HOT FOOD (order) daily

Cheese & Spinach Pastries	\$1.50
Vegetable Samosas (Cocktail Size)	\$1.00
Pasties (Cocktail Size)	\$1.50
Garlic Bread (slice)	\$1.00

### SALAD BAR-

With natural salad dressings  
(Wednesday & Thursdays only)

### \$5.00 SALAD

**Greek salad** – lettuce, tomato,  
cucumber, feta cheese, olives & special  
Greek salad dressing made in house

**ASIAN Salad** – crunchy lettuce, shallot,  
carrot, crunchy noodles & special Asian salad  
dressing made in house

### TERM 1 2014 MENU

[www.flexischools.com.au](http://www.flexischools.com.au) to order  
or handwrite on paper bag (\$0.20).

PLEASE ENSURE YOU HANDWRITE  
CLEARLY ON THE PAPER BAGS  
PROVIDED OR ORDERS WILL NOT  
BE PROCESSED. Please note that  
money envelopes and orders AFTER  
9.15am will NOT be accepted.

### SANDWICH BAR Daily

Sandwiches are now on multigrain and  
Wraps are made on healthy **multigrain**  
**flat bread.**

Cheese Tomato	\$3.40
Ham Cheese	\$4.00
Ham Cheese Tomato	\$4.20
Salad	\$4.20
Ham w Salad (Lettuce Tom Carrot	\$4.80
Cucumber & Mayo OR Mustard Seeded)	
Tuna w Mayo & Lettuce	\$3.80
Tuna Salad	\$4.00
Cheese	\$3.10
Cheese & Vegemite	\$3.00
Cheese & Avocado	\$3.50
Cheese n Garlic bread toastie	\$4.00

### TUES ONLY:

Chicken & Cheese Toastie	\$4.50
--------------------------	--------

### NOTE TO SCHOOL COMMUNITY

We've researched our products to be lean,  
low fat, fresh, and made with love. We take  
pride in food preparation and cleanliness, to  
give our children the best food experience  
possible. Meals are balanced in  
carbohydrates for energy, protein for  
muscles & fibre for overall health. Our  
emphasis is on good food, health & a  
balanced diet with great customer service to  
our school community.  
After 20 years in the food & health industry,  
being a Mum with 2 young children, KSA  
knows Canteen Management and what good  
food for kids really means.

[www.kidsteps.com.au](http://www.kidsteps.com.au)

**Yours in good health,**  
**Helen – Principal – KIDSTEPS**  
**Australia – incorporating Healthy KSA**  
**Canteen Management**

**PH: 1300 578 377**

### HOT LUNCHES DAILY – "pre order"

**Monday – \$3.90**

**Lean Beef Meat Pies or Lean Beef**  
**Sausage Rolls** (sauce \$0.20)

**Tuesday – \$5.00**

**Chicken Tenderloin Wrap** – Lean  
Chicken breast tenders, seasoned & seared,  
wrapped in healthy flat bread filled with  
lettuce & mayo (or sauce)

**Wednesday – \$3.00each**

**Rice Paper Rolls** – Rice paper rolls:  
Teriyaki Chicken - noodles and fresh salad  
vegies or Vegetarian – noodles and fresh  
salad vegies (slightly smaller than Sushi rolls)

**Thursday – \$4.50**

**Pasta Olio** – Pasta spirals tossed in quality  
Olive Oil and Parmesan Cheese & a small  
touch of garlic

**Friday - \$3.50each**

**Sushi** – Teriyaki Chicken or Tuna

### ICEBLOCKS, & FROZEN TREATS

From \$0.70 to \$2.50

Quelch Sticks	\$0.70
Icy Twists	\$2.00
Paddle Pop	\$2.00
Tornado	\$1.50
Calippo	\$1.50
Frozen Yogurt Cup	\$2.00
(BULLA LOW FAT)	
Vanilla Ice Cream Cup	\$2.00
(BULLA LOW FAT)	

**\*\*PAPER BAGS \$0.20\*\***

We use quality Paper Bags to ensure your  
child's entire lunch order can fit into the bag  
without ripping in half.



# 2014 Term 1 Invoice

**Please pay on-line by Thursday 13<sup>th</sup> March, 2014.**

**On-Line Payment Instructions:**

- Go to Rose Bay Public School Website.
- Find the \$ Make a payment link on the front page of the website.
  - Follow the instructions.
- **You do not need to enter a student registration number.**
  - **Each child needs a separate on-line payment.**

The costs below are for activities during Term 1, 2014. Please make sure all invoices are paid in full or alternatively you can make an appointment with the Principal to discuss a payment plan.

Permission notes will be sent out separately for each excursion. Please ensure they are signed and returned to the class teacher before the due date so that your child is allowed to attend the excursion.

ACTIVITY	DATE	COST	KC KN KS KD KF KH	1J 1P 1Z 1T	2H 2C 2T 2W	3G 3M 3S	4D 4M 4L	5H 5E	5/6E 6M 6J
Swimming Carnival	Tu 11 <sup>th</sup> Feb	\$10				\$10	\$10	\$10	\$10
Yr 4 Kurnell Excursion	Th 6 <sup>th</sup> Mar	\$16					\$16		
Yr 3 Botanic Gardens Excursion	Th 6 <sup>th</sup> Mar	\$16				\$16			
Yr 2 Sydney Tower Excursion	Tu 18 <sup>th</sup> Mar	\$18			\$18				
Yr 1 Taronga Zoo Excursion	We 26 <sup>th</sup> Mar	\$27		\$27					
Bully No More	Th 27 <sup>th</sup> March	\$6	\$6	\$6	\$6	\$6	\$6	\$6	\$6
Athletics	Fridays Term 1	\$15			\$15				
Uni of NSW Tests	Term 2	\$32				\$32	\$32	\$32	\$32
Kindergarten Folders		\$5	\$5						
<b>TOTAL</b>			<b>\$11</b>	<b>\$33</b>	<b>\$39</b>	<b>\$64</b>	<b>\$64</b>	<b>\$48</b>	<b>\$48</b>


**PAYMENT IS DUE BY THURSDAY, 13th March, 2014**

Should you wish to round the amount off, all extra money will be donated to Stewart House, the official charity of the NSW Department of Education and Training.

**Name:** \_\_\_\_\_ **Class:** \_\_\_\_\_

**N.B. If paying at school, money collection days are Tuesdays and Thursdays.**





**Free iPad**

**UPON SETTLEMENT OF A HOME LOAN WITH 1ST STREET**

If you're looking to save money on your current home loan or if you're in the market for a new home, 1st Street can assist. We will keep the home loan process simple for you with a highly personalised service.

Your Rose Bay Public School Community Partner has the solution to all your home loan needs.

TERMS & CONDITIONS AVAILABLE UPON REQUEST

Call 1st Street today for a no obligation meeting.  
T. 1300 17 87 87  
E. [broker@1ststreet.com.au](mailto:broker@1ststreet.com.au)

[1ststreet.com.au](http://1ststreet.com.au)

**1ST STREET**

HOME LOAN SPECIALISTS

## Selling or Leasing - Call the Rose Bay Specialists

Hart Estate Agents is proud to be a **Community Partner** of Rose Bay Public School.

To further show our support, we will donate to the school each time we are engaged by a RBPS family - **\$500** if we sell your property, **\$200** for each property you give us to manage.

**Hart**

**0418 245 018**

[alex.h@hartestateagents.com.au](mailto:alex.h@hartestateagents.com.au)  
[hartestateagents.com.au](http://hartestateagents.com.au)

*The eastern suburbs specialists*



### MOORE PARK TIGERS

Winner of the '2012 Club of the Year' Award

Moore Park Tigers Junior AFL Club is on the lookout for new players of all ages. U5 - U12 welcome to join!

Contact: Michael Luvio  
0411 431 907 or [president@mooreparktigers.com.au](mailto:president@mooreparktigers.com.au)

[www.mooreparktigers.com.au](http://www.mooreparktigers.com.au)



### Is your child having learning or behavioural issues?

Learning Solutions – a unique multi-disciplinary one-stop learning and skills assessment giving direction and goals.

One report within 2 weeks.



For more information Tel: 9328 5899  
[www.anxietysolutionscvt.com/learning-solutions/](http://www.anxietysolutionscvt.com/learning-solutions/)



ABN: 92 117 070 256

License 225282C

Bathroom Renovations  
Glass Fencing  
Retaining Walls – Landscaping - Builder  
20+ years experience - Call Mark 1800 256 225

To advertise in the Rose Bay PS newsletter,  
please ring the office on (02) 9371 4884.



## PARKS CLINIC

established 1990

12 Junction Street Woollahra  
phone 9389 4512  
email [info@parksclinic.com](mailto:info@parksclinic.com)  
[www.parksclinic.com](http://www.parksclinic.com)

Mari Carmen Escribano  
Linda Nelson

**occupational therapists** help kids with writing,  
coordination, sequencing & organisation

## PARKS CLINIC

established 1990

12 Junction Street Woollahra  
phone 9389 4512  
email [info@parksclinic.com](mailto:info@parksclinic.com)  
[www.parksclinic.com](http://www.parksclinic.com)

Dr Ann Rémond

**speech & language pathologists** help kids  
communicate better

## BO-PEEP KINDERGARTEN



- DOVER ROAD, ROSE BAY
- 8.30AM-3.30PM
- LIMITED SPOTS AVAILABLE
- COMPETITIVE FEES

**CALL: 9371.9364**

## PARKS CLINIC

established 1990

12 Junction Street Woollahra  
phone 9389 4512  
email [info@parksclinic.com](mailto:info@parksclinic.com)  
[www.parksclinic.com](http://www.parksclinic.com)

Dr Henry Luiker

**psychologists** help kids\* with sad, angry,  
anxious or confused feelings  
(\*and their families)

## IS YOUR CHILD OUR NEXT FOOTBALL STAR?

### 2014 JUNIOR FOOTBALL REGISTRATION DAYS

#### DUNBAR ROVERS FC FOR GIRLS AND BOYS

**When:** Sunday 9th, 16th & 23rd Feb & 2nd March

**Time:** From 5 - 6pm **Where:** Mission Fields, Centennial Park

**Rego Fee:** Ages 4-9: \$300 per child

Ages 10+: \$375 per child

**Contact:** Gerry Frittmann - [cubs@dunbarrovers.com](mailto:cubs@dunbarrovers.com)  
- 0413 647 664

The Dunbar juniors program will be directed by James Booth a qualified youth coach and former school teacher.

[WWW.DUNBARROVERS.COM](http://WWW.DUNBARROVERS.COM)

## Ji Do Kwan Martial Art School in Rose Bay



### Try First 2 weeks FREE!

- \* Develop Self Discipline and Control
- \* Learn How to Defend Yourself
- \* Meet New Friends

Mondays & Thursdays  
School Hall - RBPS

Kids Beginners : 4.10pm - 5pm

Contact Instructor : Mayu Kataoka 0412 724 083 [www.jidokwansyd.com](http://www.jidokwansyd.com)



### The Ballet Class

Postal Address: 9 Shaw Street, North Bondi, N.S.W. 2026

Telephone & Fax: 02 9365 5221

Web site: [www.theballetclass.net.au](http://www.theballetclass.net.au)

Royal Academy of Dance Registered

*Classical Ballet for all ages from Mums & Bubs to Majors*

We are pleased to offer the following classes at Rose Bay Public School: Classical Ballet from 5yrs to Major level as well as Contemporary and Hip Hop.

The Ballet Class also offers Modern, Tap, Contemporary, Hip Hop, Jazz, Musical Theatre and Adult Stretch/ Pilates classes.

Studios in Bondi, Rose Bay, Double Bay, Watson's Bay, Bellevue Hill & Bondi Beach.

For enquiries please contact: The Ballet Class on 9365 5221

## IRISH DANCING

Enrol into our unique and upbeat Irish Dancing classes today!

BONDI &  
PADDINGTON

Enquire;  
[www.blackbirdco.com.au](http://www.blackbirdco.com.au)  
[mail@blackbirdco.com.au](mailto:mail@blackbirdco.com.au)

0402 932 908

IRISH DANCE



FREE  
TRIAL CLASS





## Parenting in the Digital Space

JewishCare and WAYS invite you to attend a seminar and "Q & A" for parents and carers

Three experts will share their knowledge and experience with social media and gaming and the role they play in young peoples lives. Topics will include:

- A summary of the social media apps currently used by young people
- The psychological effects on your child
- Setting boundaries and rules for keeping your child safe in the digital age

**Date** Thursday 6 March 2014

**Time** 6.30-8.30pm

**Venue** Community Lounge, JewishCare 3 Saber Street Woollahra

**RSVP** 2 March, Kira 9302 8023 or [k.brandt@jewishcare.com.au](mailto:k.brandt@jewishcare.com.au) **Cost** FREE

## The speakers

**Constable Yasmin London** is the Youth Liaison Officer at Rose Bay Police. Yasmin works closely with local schools and community groups raising awareness about issues facing young people.

**Emil Hodzic** is a registered psychologist and is the principal and founder of the *Video Game Addiction Treatment Clinic*.

**Garry Case** is the Director of eLearning at Emanuel School and a strong supporter of educational programs around netiquete and cybersafety.



**FirstCall JewishCare** 1300 133 660 W [www.jewishcare.com.au](http://www.jewishcare.com.au)

JewishCare is a member of the JCA family of organisations