

# Rose Bay Public School

Newsletter 5<sup>th</sup> February 2014



## Dates for Your Diary

### February

- 7 Welcome Morning Tea (Kindergarten)
- 10 French Lessons start this week
- 10 Hebrew Lessons start this week
- 11 P&C Meeting
- 11 Swimming Carnival 3-6
- 12 Chess classes begin
- 14 PSSA starts 3-6
- 14 School Sport Starts 3-6
- 17 Scripture Starts
- 18 Senior Band Starts
- 19 Meet the Teacher Night
- 24 Junior Band Starts

### March

- 3 Kindergarten Parent /Teacher Interviews all week
- 5 SCPSSA Swimming Carnival
- 6 Year 4 Kurnell Excursion
- 6 Year 3 Botanical Gardens Excursion
- 13 School Photos
- 18 Year 2 Sydney Tower Excursion
- 24 Stewart House Bag Collection
- 26 Year 1 Taronga Zoo Excursion
- 27 Bully No More Show
- 31 Parent Teacher Interview

### April

- 2 Stewart House Bag Collection
- 11 Last Day of Term 1

Dear Parents and Carers

Welcome to the 2014 school year. I extend a special welcome to all families who are new to the school and to our continuing families returning after the vacation. A special warm welcome to all 126 new kindergarten students and their families. Rose Bay Public School continues to grow, and this year we have 25 classes including six kindergarten classes. The students have settled well and are enjoying their first full week of school. The Rose Bay P&C will welcome all new parents this Friday with a morning tea in the School Hall.

I wish you all a Happy New Year and I look forward to another great year of learning at RBPS in 2014.

Gai O'Neill

## New Flagpoles

Two new 6 metre high flagpoles have been purchased by the Year 6 students of 2012 and 2013 from funds raised at their annual Year 6 fun days. The two poles will each day proudly display our national flag as well as the aboriginal flag. They are standing in a prominent position near our outdoor assembly area. Thank you Year 6 for your thoughtful present to the school.

## Chess News

Chess classes will begin on Wednesday 12 February 2014 for Grades 1 to 6, at the following times:

**Wednesday** lunchtime in the library for our experienced players.

**Thursday** mornings at 8.15 am – 9.15 am in 12 classroom for Year 1 and 2 players.

**Friday** mornings 8.15 am – 9.15 am in the library for beginners.

Notes and fees must be returned to Mrs Zappala as soon as possible, definitely by 7/2/14.

Last day of Term 1  
Friday 11<sup>th</sup> April

First day of Term 2  
Tuesday 29<sup>th</sup> April

## RBPS SWIMMING CARNIVAL 2014

**When?** Tuesday 11<sup>th</sup> February

**Where?** Waverley College Pool, Waverley

**Time?** Students are leaving at 9:20am SHARP for a 9:45am start.

**Who?** Years 3-6 only.

**What to bring?**

- Swimming costumes (cap and goggles are optional)
- House colour t-shirt with shorts or skort
- Hat and sunscreen
- Underwear to get changed into at the end of the day
- Plastic bag for wet swimming items
- Recess and lunch (*no orders will be taken for the canteen*)
- Water bottle
- Shoes and socks to wear to and from the carnival

### Order Of Events

1. Open Boys 100m Freestyle
2. Open Girls 100m Freestyle
3. 8 years Boys 50m Freestyle
4. 8 years Girls 50m Freestyle
5. 9 years Boys 50m Freestyle
6. 9 years Girls 50m Freestyle
7. 10 years Boys 50m Freestyle
8. 10 years Girls 50m Freestyle
9. 11 years Boys 50m Freestyle
10. 11 years Girls 50m Freestyle
11. 12 years Boys 50m Freestyle
12. 12 years Girls 50m Freestyle
13. Junior Boys Breaststroke
14. Junior Girls Breaststroke
15. 11 years Boys Breaststroke
16. 11 years Girls Breaststroke
17. Senior Boys Breaststroke
18. Senior Girls Breaststroke
19. Junior Boys Backstroke
20. Junior Girls Backstroke
21. 11 years Boys Backstroke
22. 11 years Girls Backstroke
23. Senior Boys Backstroke
24. Senior Girls Backstroke
25. Junior Boys Butterfly
26. Junior Girls Butterfly
27. 11 years Boys Butterfly
28. 11 years Girls Butterfly
29. Senior Boys Butterfly



\*Please note that freestyle races are organised according to what age your child will be in 2014. All other races will be organised according to district guidelines which are: Junior (ages 8, 9 and 10 in 2014), 11 years and Senior (ages 12 years and above in 2014).

\*\*Recess and Lunch will be slotted in whenever it is appropriate\*\*



## Canteen News

**Hello Parents and Students,**

**Welcome back to 2014!!**

The canteen has had some little menu changes –

- Wednesdays we are introducing Rice Paper Rolls as a healthy lunch option. Be sure to place your orders in to enjoy this fresh wholesome product.
- Please ensure that you have lunch orders placed by 9am and note that there is a lunch ordering box outside of the canteen.

I look forward to answering your questions and helping your child enjoy wholesome filling food from the canteen!

You will find the new summer menu in this newsletter and on the school website.

Don't forget to set up your Flexi Schools canteen ordering account at

[www.flexischools.com.au](http://www.flexischools.com.au)

The menu is current and updated with any changes.

Yours in good health,

Helen

## Choir News

Congratulations to the junior and senior choirs once again, as our video entry has been accepted for the 2014 Town Hall Primary Proms and Opera House Choral Festival. Both events will be held in term three this year.

This is a fantastic achievement for Rose Bay as it is becoming increasingly more difficult to be accepted as so many schools enter their choirs. Choir auditions will be held at lunchtimes in weeks 8, 9 and 10 of term 1.

The two choirs are only for children in years 3-6. The children will be notified of exactly which lunchtimes closer to the date.

For their audition they may sing a song from the repertoire, which we shall be practising in class in term 1.

Vikki Bartholomew

## An Invitation

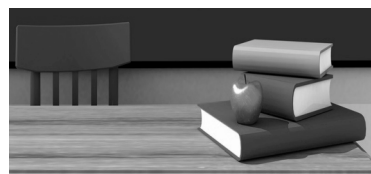
*To parents and caregivers*

*You are cordially invited to come to a  
'Meet the teacher' class information  
evening*

*Wednesday February 19<sup>th</sup> 2014*

*K-2 5pm-5:40pm*

*3-6 5:45pm-6:30pm*



# Rose Bay Public School

## Individual Health Care Plans and Asthma

We are currently updating our Individual Student Health Care Plans and Asthma Plans for 2014. If you have not returned your child's form, please return this to school by **Friday 14<sup>th</sup> February**. Please pick up a form from the office if your child has been recently diagnosed with asthma, anaphylaxis or any other medical conditions. Please return the form to school by **Friday 14<sup>th</sup> February**. Thank you!

## Volunteers Needed Volunteers Needed Volunteers Needed

The traffic committee is asking for parent volunteers to help oversee the pick up zone on Wilberforce Ave. This would involve only 15 minutes of your time one afternoon a week (ie 3.15 to 3.30) on a day that suits you. Volunteers receive a full briefing and work in pairs. Please help support this important safety initiative. If you can assist, please contact Mimi by email at [mimi@nexon.com.au](mailto:mimi@nexon.com.au)



## Rose Bay P&C NEWS



The **Rose Bay P&C** welcomes all new parents this Friday 7 February with a morning tea in the School Hall from 9:20 to 10:30 am.

This is an opportunity for new parents to join the P&C and participate in activities to support the school and our children.

The first P&C meeting is next Tuesday 11 February at 7:00 pm in the Library. Please join us as we start a new year with a new P&C team and lots of great ideas for the year ahead.

We meet on the second Tuesday of each month during term time. Hope to see you there.

Together we can make 2014 the best year ever for Rose Bay Public School.

# Rose Bay Public School

## LIBRARY NEWS

Welcome to all members of the school community. Students will soon be commencing their weekly library sessions. During this time, library and information skills are covered, along with promoting enjoyment of reading and literature. Borrowing of books is encouraged on a weekly basis. Kindergarten – Year 2 are expected to use library bags. These may be the RBPS logo library bag or a similar sturdy bag. We also accept donations of recycle bags that can be used for 'spares'.

LUNCH TIME LIBRARY 2014				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
QUIET READING &/OR MAKER SPACE ACTIVITIES  NO COMPUTER TIME <b>OPEN TO YEARS 2 – 6</b>	QUIET READING &/OR COMPUTER TIME  <b>YEAR 4, 5 &amp; 6</b>	CHESS CLUB	QUIET READING &/OR COMPUTER TIME  <b>YEAR 2, 3 &amp; 6</b>	QUIET READING &/OR BOARD GAMES  NO COMPUTER TIME <b>OPEN TO YEARS 2 - 6</b>

Lunchtime in the library is always a favourite pastime for our students. This year, along with coming along for that quiet read, we are promoting different activities. Have you heard of "maker spaces"? It is a place where people gather to work on "hands on" projects and build or create. They are zones of self-directed learning.

## FRENCH NEWS

### French lessons will commence in the week starting on 10<sup>th</sup> February 2014.

With the Band program in mind we have allocated the classes as follows:

**Year 4 on Monday, for children enrolled in Senior Band**

**Year 4 on Tuesday, for children not enrolled in Band**

**Year 5 on Wednesday**

**Year 6 on Thursday**

Classes run from 8:15 am to 9:15 am. Students are to assemble on the silver seats in the lower playground at 8:10 and will be accompanied to their class by the teacher. In case of rain, students should seek shelter in the covered area in front of the canteen.

A la semaine prochaine!

Fabienne Ovadia

French Teacher



## **Rose Bay Public School Band News**

Happy New Year! I hope you have all enjoyed a nice relaxing break and are ready for the exciting year ahead in the Rose Bay PS 2014 Band Program.

We have lots in store this year including the Yamaha Festival, The Big Gig, Daceyville Big Band Bash and lots of school based performances.

Senior Band will be starting off the year with *Ka Boom* and the popular song *We Are Young* by Fun. Junior Band will be getting their new Tradition of Excellence music books and practice diaries. An exciting time for all our new musicians.

The Junior Band will be conducted by Natan Kuchar, an accomplished singer, trombonist and conductor.

### **Lessons and Band:**

**Due to the Swimming Carnival, all our start dates have been moved back by one week.**

Senior Band – first rehearsal is Tuesday 18<sup>th</sup> Feb at 8am in the Hall

Lessons – percussion lessons start on Monday 17<sup>th</sup> Feb, all other instruments start lessons on Tuesday 18<sup>th</sup> Feb during the school day.

Junior Band – first rehearsal is Monday 24<sup>th</sup> Feb at 8am in the hall

### **Instruments**

If you have hired your instrument from Directions in Music it will be delivered to the school on Wednesday this week (5<sup>th</sup> Feb). I will hand them out to students during lunchtime in the Hall. We have made some short videos on how to set up your instrument, make a sound for the first time and how to clean your instrument. You will find these on our website in the coming days.

**If you haven't hired your instrument yet please visit the link below as soon as possible to ensure you have an instrument for your first lesson.**

<https://directionsinmusic.com.au/instrument-hire-application-form/>

I'm looking forward to a wonderful year of music.

Kind regards,

*Heidi Wilson*

Program Manager

<https://directionsinmusic.com.au/>

Telephone: 02 9662 2211

PO Box 174

Kensington, NSW 2033



# Rose Bay Public School Staff 2014

<b>Principal</b>	Ms Gai O'Neill	
<b>Deputy Principal</b>	Mrs Lynn Young	
<b>Assistant Principal</b>	Mr Ed Milts	<b>6M</b>
<b>Assistant Principal</b>	Ms Ann Pettifer	<b>1P</b>
<b>Assistant Principal</b>	Mr Timothy Dynan	<b>4D</b>
<b>Assistant Principal</b>	Mrs Margaret Dooner	<b>KD</b>
	Mrs Jennifer Netherington	<b>KN</b>
	Miss Courtney Howlett	<b>KC</b>
	Mrs Kelly Frank	<b>KF</b>
	Miss Louise Holt	<b>KH</b>
	Miss Talia Shein	<b>KS</b>
	Mrs Barbara Zappala	<b>1Z</b>
	Ms Jane Waters	<b>1W</b>
	Miss Melanie Trevor	<b>1T</b>
	Ms Miki Tokumitsu	<b>2T</b>
	Mr Matt Hankins	<b>2H</b>
	Ms Jasmina Caldarevic	<b>2C</b>
	Miss Madelon Williams	<b>2W</b>
	Ms Danyel Smith	<b>3S</b>
	Ms Debbie McIlwain	<b>3M</b>
	Mr Andrew Gregg	<b>3G</b>
	Mrs Jeanette Leonzini	<b>4L</b>
	Miss Maha Metwally	<b>4M</b>
	Mrs Sam Edelmuth	<b>5E</b>
	Mrs Elise Hilliard	<b>5H</b>
	Ms Rebecca Jones	<b>6J</b>
	Mr Jason Everett	<b>5/6E</b>
<b>ESL</b>	Ms Sarah Skelton	
<b>Librarian</b>	Mrs Yvonne Barrett	
<b>Reading Recovery</b>	Mrs Jane Page	
<b>Music</b>	Ms Vikki Bartholomew	
<b>PE</b>	Mrs Samantha Mills	
<b>Support Teacher</b>	Mrs Kirsty Moore/Mrs Denise Guray	
<b>LAST</b>	Ms Monique Jerome/Mrs Jody Winterbine	
<b>French</b>	Mrs Fabienne Ovadia	
<b>Hebrew</b>	Mrs Judit Rubenstein	
<b>Counselor</b>	Ms Margaret Knittel	
<b>SLSO</b>	Ms Julie Shaw/Mrs Crissa Santorinios	
<b>SAM</b>	Ms Helen Tassie	
<b>SAO</b>	Ms Vicki Cashin/Mr Alex Harmanis/ Mrs Ourania Roussis	
<b>General Assistant</b>	Mr Yanni Demetriou	

### TOASTIE BAR (Café Style Toasties)

Cheese Toastie	\$3.10
Ham & Cheese Toastie	\$4.20
Cheese & Tomato	\$3.50
Cheese & Avo Toastie	\$3.50
Ham Cheese Tomato	\$4.50
Cheese & Vegemite	\$3.00
Vegemite Toastie	\$2.50

### JUICE & MILK BAR

Low Fat Flavoured Milks	\$2.50
NUDIE 100% Juices	\$2.00
<b>Water 600ml</b>	\$2.00
Focus Natural "Sports"	\$2.50
Water – Blackcurrant & Fruit Tingle 350ml	

Muffins – 'KSA KIDS Range' –  
Flavours rotate often. Made fresh.  
All natural, sweetened with real fruit  
and Stevia

Berry White Choc  
Black Forest  
Choc Chip  
Orange Poppyseed  
Banana Coconut

**ALL \$3.00**

'Because Healthy Habits Start Early...one  
step at a time'® [www.kidsteps.com.au](http://www.kidsteps.com.au)



### RECESS and ALL DAY ENERGY TOP UPS

Muffins	\$3.00
Banana Bread	\$3.00
KOALA Popcorn	\$1.50
(BBQ & Chickn)	
PIRHANA Veggie Chips	\$1.50
(Honey Soy & Salt n Vinegar)	
Red Rock Deli Chips	\$1.50
(Sea Salt & Honey Soy Chicken Flavours)	
Fruits (Seasonal)	\$1.00
Yoghurt Tub	\$2.50
MAINLAND Cheese N Crackers	\$1.50

### RECESS ONLY - HOT FOOD (order) daily

Cheese & Spinach Pastries	\$1.50
Vegetable Samosas (Cocktail Size)	\$1.00
Pasties (Cocktail Size)	\$1.50
Garlic Bread (slice)	\$1.00

### SALAD BAR-

With natural salad dressings  
(Wednesday & Thursdays only)

### \$5.00 SALAD

**Greek salad** – lettuce, tomato,  
cucumber, feta cheese, olives & special  
Greek salad dressing made in house

**ASIAN Salad** – crunchy lettuce, shallot,  
carrot, crunchy noodles & special Asian salad  
dressing made in house

### TERM 1 2014 MENU

[www.flexischools.com.au](http://www.flexischools.com.au) to order  
or handwrite on paper bag (\$0.20).

PLEASE ENSURE YOU HANDWRITE  
CLEARLY ON THE PAPER BAGS  
PROVIDED OR ORDERS WILL NOT  
BE PROCESSED. Please note that  
money envelopes and orders AFTER  
9.15am will NOT be accepted.

### SANDWICH BAR Daily

Sandwiches are now on multigrain and  
Wraps are made on healthy **multigrain  
flat bread.**

Cheese Tomato	\$3.40
Ham Cheese	\$4.00
Ham Cheese Tomato	\$4.20
Salad	\$4.20
Ham w Salad (Lettuce Tom Carrot Cucumber & Mayo OR Mustard Seeded)	\$4.80
Tuna w Mayo & Lettuce	\$3.80
Tuna Salad	\$4.00
Cheese	\$3.10
Cheese & Vegemite	\$3.00
Cheese & Avocado	\$3.50
Cheese n Garlic bread toastie	\$4.00

### TUES ONLY:

Chicken & Cheese Toastie	\$4.50
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### NOTE TO SCHOOL COMMUNITY

We've researched our products to be lean,  
low fat, fresh, and made with love. We take  
pride in food preparation and cleanliness, to  
give our children the best food experience  
possible. Meals are balanced in  
carbohydrates for energy, protein for  
muscles & fibre for overall health. Our  
emphasis is on good food, health & a  
balanced diet with great customer service to  
our school community.  
After 20 years in the food & health industry,  
being a Mum with 2 young children, KSA  
knows Canteen Management and what good  
food for kids really means.

[www.kidsteps.com.au](http://www.kidsteps.com.au)

**Yours in good health,  
Helen – Principal – KIDSTEPS  
Australia – incorporating Healthy KSA  
Canteen Management**

**PH: 1300 578 377**

### HOT LUNCHES DAILY – "pre order"

**Monday – \$3.90**

**Lean Beef Meat Pies or Lean Beef  
Sausage Rolls** (sauce \$0.20)

**Tuesday – \$5.00**

**Chicken Tenderloin Wrap** – Lean  
Chicken breast tenders, seasoned & seared,  
wrapped in healthy flat bread filled with  
lettuce & mayo (or sauce)

**Wednesday – \$3.00each**

**Rice Paper Rolls** – Rice paper rolls:  
Teriyaki Chicken - noodles and fresh salad  
vegies or Vegetarian – noodles and fresh  
salad vegies (slightly smaller than Sushi rolls)

**Thursday – \$4.50**

**Pasta Olio** – Pasta spirals tossed in quality  
Olive Oil and Parmesan Cheese & a small  
touch of garlic

**Friday - \$3.50each**

**Sushi** – Teriyaki Chicken or Tuna

### ICEBLOCKS, & FROZEN TREATS

From \$0.70 to \$2.50

Quelch Sticks	\$0.70
Icy Twists	\$2.00
Paddle Pop	\$2.00
Tornado	\$1.50
Calippo	\$1.50
Frozen Yogurt Cup	\$2.00
(BULLA LOW FAT)	
Vanilla Ice Cream Cup	\$2.00
(BULLA LOW FAT)	

**\*\*PAPER BAGS \$0.20\*\***

We use quality Paper Bags to ensure your  
child's entire lunch order can fit into the bag  
without ripping in half.



*The* Rose Bay Public School

P&C  
invite you  
to morning tea

Friday  
7<sup>th</sup> February  
2014

come to the  
School Hall after 9:20am drop off

*For* an informal meet and greet  
with other school parents



## Wilberforce Ave Pick up and Drop Off Zone



Welcome to the new school year and a special welcome to all our new families. Here is a reminder of the procedures to follow if you wish to use the pick up/drop off zone on Wilberforce Ave (outside the school hall):

### Do:

- Stop in the "No Parking" zone for up to two minutes only and wait in your car.
- Move your car all the way to the front end of the two minute zone to allow other cars to move in behind you. Keep moving forward as spots open up in front of you.
- Circle the block and come back in a few minutes if there are no spots available.
- Be mindful of other cars waiting to join the queue.
- Explain the pick-up procedure to your children so they understand they may need to wait for you for a few minutes in the afternoons.
- Be patient. It may take a little longer to pick up your children (particularly in wet weather) but for safety reasons it is extremely important that everyone waits their turn and follows these procedures.

### Don't:

- Stop for longer than two minutes. This pick up/drop off area can **only** work safely if there is a constant flow of traffic. If your children do not come out of school within two minutes you will need to circle the block and come back a few minutes later.
- Double park or stop in the "No Stopping" zone, even if you are waiting to enter the pick-up zone. This is illegal and extremely dangerous. If there are no spots available you will need to circle the block and come back a few minutes later.
- Stop in the first spot you see. Please go all the way to the front of the two minute zone to allow other cars to move in behind you.
- Leave your car, even for a minute or two. If you need to go into school, please park elsewhere legally.

We understand that the access point to the pick up zone is limited and that congestion at peak periods can be stressful. Your patience and understanding are appreciated.

**From the Rose Bay Traffic Committee.  
Thank you for helping keep our kids safe.**



**Free iPad**

**UPON SETTLEMENT OF A HOME LOAN WITH 1ST STREET**

If you're looking to save money on your current home loan or if you're in the market for a new home, 1st Street can assist. We will keep the home loan process simple for you with a highly personalised service.

Your Rose Bay Public School Community Partner has the solution to all your home loan needs.

TERMS & CONDITIONS AVAILABLE UPON REQUEST

Call 1st Street today for a no obligation meeting.  
T. 1300 17 87 87  
E. [broker@1ststreet.com.au](mailto:broker@1ststreet.com.au)

[1ststreet.com.au](http://1ststreet.com.au)

**1ST STREET**

HOME LOAN SPECIALISTS

## Selling or Leasing - Call the Rose Bay Specialists

Hart Estate Agents is proud to be a **Community Partner** of Rose Bay Public School.

To further show our support, we will donate to the school each time we are engaged by a RBPS family - **\$500** if we sell your property, **\$200** for each property you give us to manage.

**Hart**

**0418 245 018**

[alex.h@hartestateagents.com.au](mailto:alex.h@hartestateagents.com.au)  
[hartestateagents.com.au](http://hartestateagents.com.au)

*The eastern suburbs specialists*



### MOORE PARK TIGERS

**Winner of the '2012 Club of the Year' Award**

Moore Park Tigers Junior AFL Club is on the lookout for new players of all ages. U5 - U12 welcome to join!

Contact: Michael Luvio  
0411 431 907 or [president@mooreparktigers.com.au](mailto:president@mooreparktigers.com.au)

[www.mooreparktigers.com.au](http://www.mooreparktigers.com.au)



### Is your child having learning or behavioural issues?

Learning Solutions – a unique multi-disciplinary one-stop learning and skills assessment giving direction and goals.

One report within 2 weeks.



For more information Tel: 9328 5899  
[www.anxietysolutionscvt.com/learning-solutions/](http://www.anxietysolutionscvt.com/learning-solutions/)



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Bathroom Renovations  
Glass Fencing  
Retaining Walls – Landscaping - Builder  
20+ years experience - Call Mark 1800 256 225

To advertise in the Rose Bay PS newsletter,  
please ring the office on (02) 9371 4884.



## PARKS CLINIC

established 1990

12 Junction Street Woollahra  
phone 9389 4512  
email [info@parksclinic.com](mailto:info@parksclinic.com)  
[www.parksclinic.com](http://www.parksclinic.com)

Mari Carmen Escribano  
Linda Nelson

**occupational therapists** help kids with writing,  
coordination, sequencing & organisation

## PARKS CLINIC

established 1990

12 Junction Street Woollahra  
phone 9389 4512  
email [info@parksclinic.com](mailto:info@parksclinic.com)  
[www.parksclinic.com](http://www.parksclinic.com)

Dr Ann Rémond

**speech & language pathologists** help kids  
communicate better

## Ji Do Kwan Martial Art School in Rose Bay



**Try First 2 weeks FREE !**

- \* Develop Self Disciplin and Control
- \* Learn How to Defend Yourself
- \* Meet New Friends

Mondays & Thursdays  
School Hall - RBPS

Kids Beginners : 4.10pm - 5pm

Contact Instructor : Mayu Kataoka 0412 724 083 [www.jidokwansyd.com](http://www.jidokwansyd.com)

## PARKS CLINIC

established 1990

12 Junction Street Woollahra  
phone 9389 4512  
email [info@parksclinic.com](mailto:info@parksclinic.com)  
[www.parksclinic.com](http://www.parksclinic.com)

Dr Henry Luiker

**psychologists** help kids\* with sad, angry,  
anxious or confused feelings  
(\*and their families)

## IS YOUR CHILD OUR NEXT FOOTBALL STAR?



2014 JUNIOR FOOTBALL REGISTRATION DAYS

**DUNBAR ROVERS FC FOR GIRLS AND BOYS**

**When:** Sunday 9th, 16th & 23rd Feb & 2nd March

**Time:** From 5 - 6pm **Where:** Mission Fields, Centennial Park

**Rego Fee:** Ages 4-9: \$300 per child

Ages 10+: \$375 per child

**Contact:** Gerry Frittmann - [cubs@dunbarrovers.com](mailto:cubs@dunbarrovers.com)  
- 0413 647 664

The Dunbar juniors program will be directed by James Booth a qualified youth coach and former school teacher.

[WWW.DUNBARROVERS.COM](http://WWW.DUNBARROVERS.COM)



## IRISH DANCING

Enrol into our unique and upbeat Irish Dancing classes today!

BONDI & PADDINGTON

Enquire;  
[www.blackbirdco.com.au](http://www.blackbirdco.com.au)  
[mail@blackbirdco.com.au](mailto:mail@blackbirdco.com.au)

0402 932 908

IRISH DANCE

**FREE TRIAL CLASS**



## The Ballet Class

Postal Address: 9 Shaw Street, North Bondi, N.S.W. 2026

Telephone & Fax: 02 9365 5221

Web site: [www.theballetclass.net.au](http://www.theballetclass.net.au)

Royal Academy of Dance Registered

*Classical Ballet for all ages from Mums & Bubs to Majors*

We are pleased to offer the following classes at Rose Bay Public School: Classical Ballet from 5yrs to Major level as well as Contemporary and Hip Hop.

The Ballet Class also offers Modern, Tap, Contemporary, Hip Hop, Jazz, Musical Theatre and Adult Stretch/ Pilates classes.

Studios in Bondi, Rose Bay, Double Bay, Watson's Bay, Bellevue Hill & Bondi Beach.

For enquiries please contact: The Ballet Class on 9365 5221



*Music is part of a well-rounded education*

## Would your child like to play Keyboard?

Lessons at school  
on Thursdays, after school

Instruments & activities are provided in the class, \$19.50/wk.  
Individual lessons are also available.

Contact: 8006 4377

[ariamusicsschool@gmail.com](mailto:ariamusicsschool@gmail.com)  
[www.ariamusic.com.au](http://www.ariamusic.com.au)





# Lifestart



Lifestart provides early childhood intervention and school aged services for children 0-8 years living with disability or developmental delay. We are family-centred in focus.

Lifestart supports children with disabilities including Autism Spectrum Disorder, Down Syndrome, Cerebral Palsy, Fragile X Syndrome, rare genetic disorders and developmental delay.

Lifestart is a leading provider of specialist early intervention and therapy and support services with a committed team of:

- Speech Pathologists,
- Physiotherapists,
- Occupational Therapists,
- Special Educators,
- Family Support Workers
- Social Workers and
- Program Support Workers.

This team works with families to help give their children the best possible start in life. Play based therapy and a focus on everyday routines makes learning enjoyable and this can happen in a range of places including a family home, pre-school, school or community environment.

## Choice and Empowerment

Lifestart recognises that the parent is the expert on their child. We work collaboratively with families to focus on the strengths of each child, identify key goals and to individualise a plan for their child.



Lifestart is a not for profit organisation which receives funding from government but still relies on donations and fundraising to be able to provide all of its services.

## LIFESTART EASTERN SYDNEY

Services provided by Lifestart Eastern Sydney include:

- Open play;
- Early Links (early diagnosis) support;
- Early intervention services;
- Support for the inclusion of children in mainstream and community settings;
- Transition to school;
- Services for children aged 5-8 years who have started school;
- Support for families, including parents, grandparents and siblings; and
- Workshops for parents and carers.

Based at Chifley Public School, Lifestart Eastern Sydney is a dynamic hub, where we also work with community partners to run playgroups and parent programs.



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Early Intervention through to school age services and beyond.  
**LIFESTART** – Inclusion for children Living with Disability