

Rose Bay Public School

Newsletter 15th October 2014



Dates for Your Diary

October

- 14 Selective Schools Applications Open
- 16 Debating at Vacluse
- 17 Working Bee
- 18 A night in "The Basement"
- 20 Year 2 Swim School Starts
- 21 2015 Leader Speeches
- 21 Year 1 City Excursion
- 23 2015 Kindergarten Orientation
- 26 Rose Bay Fair
- 28 2015 Kindergarten Transition 9:30-10:30
- 29 Jnr and Snr Band Assembly Performance
- 30 2015 Kindergarten Transition 9:30-10:30
- 31 Year 2 Swim School Ends
- 31 Multicultural Public Speaking State Final
- 31 Working Bee

November

- 4 Year 5 French Performance (tbc)
- 5 Year 2 band trial (to join Jnr band in 2015)
- 7 Year 6 Hebrew Excursion
- 11 2015 Kindergarten Transition 9:30-10:30
- 12 Year 5 Australian Museum Excursion
- 13 2015 Kindergarten Transition 9:30-10:30
- 18 Band End of Year Concert
- 19 Chess Championships
- 20 Year 3 Hyde Park Barracks & Museum of Sydney
- 20 Picnic Under the Stars
- 21 2015 Leader Speeches
- 24 Year 6 PD Lesson #1
- 26 2015 Leaders Announcement
- 27 Year 6 Fun Day 1:00 – 3:20

December

- 1 Year 6 PD Lesson #2
- 2 Last day band tutorials
- 3 Presentation Day 9:30 – 11:00
- 5 PSSA Sport Concludes
- 8 Year 6 PD Lesson #3
- 11 K-2 Movie Day
- 15 Year 6 Farewell
- 16 3-6 Movie Day
- 17 Last Day of Term 4

Welcome back to Term 4

Welcome back to school and welcome to all the new students and families who have joined us in term 4.

I hope that all our families enjoyed a relaxing holiday and students are refreshed and ready for a fulfilling term of learning as we race towards the end of the year.

A number of teachers and classes have student teachers working with them this term. The teaching practicum is important for beginning teachers as this is the time when they can really put to practise the skills, knowledge and understanding that their pre-service training develops. It is also a valuable experience for the teachers who have the role of mentoring and guiding them.

Welcome to Mr Oisin McWeeney who will teach PE for Term 4 .

Tickets are still available for the P&C fundraising event 'The Basement' this Saturday night. All donations are welcome.

Selective High Schools Application

Online applications open Tuesday 14 October 2014.

Application for entry to a selective high school in Year 7 in 2016 will be *online only*, from 14th October, 2014.

Application is required by 18 November 2014 for parents or carers of Year 5 students who wish their children to be considered for placement in year 7 at a selective high school in 2016.

Information is available on the Department's internet at www.schools.nsw.edu.au/shsplacement



P&C News

Feels like Term 4 is racing away from us already!

The big event this week is The Basement fundraiser at Club Rose Bay this Saturday night 18th October. Tickets are only \$40 per person (which includes a drink) and a fantastic band to dance too. Thanks to those who have already donated items for the auction. Everyone's support is fantastic and we look forward to many more donations flowing in this week in the lead up to the big event. Tickets can be purchased at www.flexischools.com.au. Hope to see you all there.

The next P&C meeting and AGM is on Tuesday 10th November in the Library. Look forward to seeing those of you who can make it for a wrap up of 2014 and plans for 2015.

Picnic Under the Stars is on Thursday 20th November – an event that everyone looks forward to. More information will be available soon.

A special mention for our friends in the P&C at Bondi Public School – their Halloween Fete fundraiser is on Sunday 2nd November.

Lisa Cahill

P&C President

THE Basement

THIS SATURDAY NIGHT

Don's Miss Out!

Rose Bay Public School P&C

Invite you and your friends to a VIP event "A night in The Basement"

Come along and boogie the night away to a fantastic live band!

18th October 7:00pm @ Rose Bay RSL

Tickets only \$40 per person (includes first drink)

DONATIONS PLEASE

It's not too late to donate for our fundraising night, 'A Night in the Basement'.

Just drop off your donation to the office or the classroom.

- K-2 Bottle of wine or spirits
- 3S Beach/Pool pack
- 3M Boys first day of school
- 3G Mum's pamper pack
- 4L Sports/Games pack
- 4M Chocolate pack
- 4D Girls first day of school pack
- 5E Art/Craft pack
- 5H Cooking pack
- 5/6E Gourmet hamper pack
- 6J Kitchen/Gardening pack
- 6M Car Care/Dad's pack

School Plan 2015-2017

Very soon we will be starting the preparations and consultative processes to formulate our next three year school plan for the years 2015-2017. The school plan is different in format to the previous ones and will include developing school vision, context and three strategic directions. Each strategic direction will have 5Ps (purpose, people, processes, products and practices) to guide the operation of the school, drive school improvement and improve student learning outcomes. During this term, I will be inviting your input to the 2015-2017 School Plan, and look forward to your response via surveys and discussions.

Sign In and Out

Please remember that when you arrive at school to assist in the classroom, or drop off items such as lunches, clothing, musical instruments, library bags, to pick up students and for all appointments, you are required to sign in and out at the office. Thank you.



NO DOGS ALLOWED ON SCHOOL GROUNDS

No dogs are allowed on our school grounds unless special permission has been given by the Principal. This rule has been made to ensure the safety of your child.

The Council rangers may be called if a dog is seen on the school grounds. Guide Dogs are excepted.

This is a useful link with helpful information promoting safety for children and dogs:

http://raisingchildren.net.au/articles/dogs_and_children.html



Stewart House News

Well Done Rose Bay! Years 3 to 6 students raised \$1000 for Stewart House at the Primary Disco last term. The students had a fantastic night! Also a big thank you for the clothes and blankets donated in Term 3 for the Stewart House Collection.

Choir News

In term 3 the Senior and Junior choirs performed at the Sydney Opera House and Town Hall. Both concerts were beautifully conducted and provided truly memorable events for the children involved. Congratulations to both Senior and Junior choirs.



REUSE REDUCE RECYCLE

Australians throw away 3.3 million tonnes of food every year – up to a quarter of the country's food supplies – mainly because we purchase too much. Consider planning your meals and only buy what you need. Reduce packaging in your child's lunchbox and use re-usable containers rather than plastic wrap where possible. It also leaves our school grounds much cleaner!

Sunday
26th October 2014

Rose Bay Fair



All children from years 3 and 4 are invited to sing at the 2014 Rose Bay Street Fair on Sunday 26th October, 2014. The choir will be performing 6 songs from 1pm – 1.30pm at Panerong Reserve. Children who wish to join us for this event are encouraged to rehearse on Tuesday, Wednesday and Thursday lunchtimes in the music room. Permission notes for this event have been sent out today. Full school uniform is to be worn.

I look forward to conducting many enthusiastic singers at the street fair.

Ms Bartholomew

School Payments

Thank you to all the families who have already paid their school fees. These payments greatly assist in maintaining and increasing the quality of education for your child. If you still owe Term 3 fees invoices, please pay promptly .

Term 4 Invoice is now due.

We thank all school families for your continued financial support which allows us to provide the best possible education for the students of Rose Bay Public School.

DIRECTIONS IN **music** | Inspire. Create. Perform. |

Rose Bay Public School Band Program



Welcome back to band for term 4. I hope all our students are feeling rested and refreshed, ready for another great term of music making. Band rehearsals and tutorials are well under way so please make sure you get to your rehearsal and tutorial on time and come prepared with instrument, music, practice diary and a pencil.

The Demonstration for the year 2's has now been moved to the 4th November.

What to practise!

Senior Band this term are going to be looking at *Trumpets Sounding, Let it Go, That's What Makes You Beautiful* and *Evening at the Symphony*.

Junior Band this term are going to continue to work on *Dragon's Dual* and *Star Wars*.

Practise tip!

Make practice a part of your daily routine. If you like practising in the morning, get up at least an hour early so that you won't be late for school. If you're an evening person, do your practice before going to bed or before you become sleepy. If you skip a practice day, don't worry, but do try to make up for the missed practice session by extending your practice time for at least 5 minutes for your next session.

Section of the week

This week it goes to the.....

Flute section!!!

Great work boys and girls. Keep practising!!

Richard Sandham

RBPS Program Manager

WORKING BEE!

This Friday from 3:20pm

All Welcome

If you would like to help plant and maintain the School Community Garden please join Emma and Sarah for a Garden Working Bee every second Friday (even weeks) starting ***THIS Friday 17th October***. Please look in the newsletter for any upcoming weekend Working Bees.



NO UNSUPERVISED STUDENTS BEFORE 8.50 AM

For safety reasons students must not be at school without adult supervision before 8.50am. There is no teacher on duty in the playground before 8.50am. All students must remain seated on the silver seats until supervision commences. Thank you for your assistance with this important safety matter.

Second Hand Uniform Shop

Opening Hours

8:45 - 9:30

Every Wednesday

BASIL



From Harvest to Home

GORIANDER



KALE



PARSLEY



CHIVES



Some of the delicious products from the School Community Garden were harvested. The products were sold for a gold coin donation on the last day of Term 3. All donations will be "sown" back into our garden so we can grow some more scrumptious vegetables and herbs.

LETTUCE

BROCCOLI

If you would like to help plant and maintain the School Community Garden please join Emma and Sarah for a Garden Working Bee every second Friday (even weeks) starting Friday 17th October. Please look in the newsletter for any upcoming weekend Working Bees.

BAY LEAVES

SILVERBEET



ROCKET



We will announce when the next harvest is ready to go home in a future newsletter so please keep your eyes 'peeled'.

WHEATGRASS



On the 17th September Kindergarten arrived at school buzzing with excitement, ready to embark on their very first excursion!

Climbing aboard the coaches there were squeals of delight and anticipation.



“What will we see?”

“Can we touch the animals?”

Indeed they could and they did!

Students observed the animals on the working farm and were encouraged to share and develop their ideas and understanding about farms and their purpose.



Please enjoy these snaps of a fun and informative day!



Straw Bridge Design Challenge



Question



Collaboration



Design

Construct



Make

Create

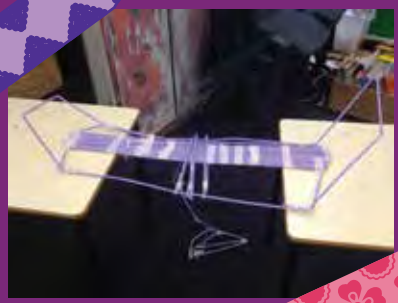
Perseverance

Persistence

Cooperate



Team work



Imagine

Design Objectives

Redesign



Which shape of a sheet of paper supports the most weight?





Which type of material will provide the best protection for a fragile gift, if the package is subjected to impact?

WHERE

DOES

Name: Willow Date: 25.8.14

How to make a fruit icypole


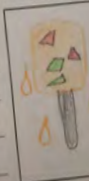
Ingredients: Watermelon, grapes, rockmelon, strawberries, apples, orange, orange juice

Equipment: a plastic knife, a chopping board, a plastic cup, a plastic bag, a freezer, a paddle, a pop stick

Procedure:

1. Wash the apples, strawberries, orange and grapes.
2. Place the fruit on a chopping board.
3. Start slicing the yummy fruit and place them in a plastic cup.
4. Slice the strawberries in halves and place in cup.
5. Dice the grapes and place in cup.
6. Gently chop the apples in quarters, chop chop.
7. Peel or squeeze the orange of the plastic cup.
8. Once you have finished push a freezer bag over the top.
9. Wrap ^{up} a stretchy elastic band over.
10. Quickly push a paddle pop stick through the bag.
11. Freeze for a few hours.
12. When ^{finished} done, wrap your hands around the cup and pull out the icypole and enjoy! Yum!

Well done Willow. This is a lovely and clear procedure.
mw 26.8.14


IT

COME

FROM?



Name: Aiden Date: 1.8.14

How To Make Pizza

Ingredients and Equipment


Ingredients: 1 packet of Dry yeast, 1 teaspoon of sugar, 1 1/2 cups of warm water, 2 teaspoons of salt, 4 1/2 cups of plain flour, tomato paste, basil, pizza cheese

Equipment: Baking paper, cling wrap, Mixing bowl, Measuring cups, Knife, Plastic spoon, Bread mixer, Measuring spoons, Measuring jug, Oven

Procedure

1. Combine the yeast with 1 1/2 cups of warm water and 1 teaspoon of sugar, leave for 10 minutes.
2. Throw 2 1/2 teaspoons of flour and 2 teaspoons of salt in the mixer, then the other mixture that's bubbling.
3. Leave the mixture for 45 minutes and then take out.
4. Spread the rest of the flour onto a table and knead the dough by hand.
5. Flatten the dough with a rolling pin.
6. Spread the tomato paste onto your delicious dough.
7. Sprinkle your pizza cheese onto dough.
8. Tear your basil.
9. Push some teared basil on pizza.
10. Eat!

Good use of colour with Aiden!



This term the Year 2s have been focusing on various products and services by looking at where it begins and how it all comes to us.



2014 TERM 4 INVOICE

Please pay on-line by Thursday 30th October 2014.

On-Line Payment Instructions:

Go to Rose Bay Public School Website.

Find the \$ Make a payment link on the front page of the website.

Follow the instructions.

You do not need to enter a student registration or Invoice number.

Each child needs a separate on-line payment.

The costs below are for activities during Term 4, 2014.
Please make sure all invoices are paid in full or alternatively
call the office to discuss a payment plan.

Permission notes will be sent out separately for each excursion.
Please ensure they are signed and returned to the class teacher before the due date
so that your child is allowed to attend the excursion.

ACTIVITY	DATE	COST	KC KN KS KD KF KH	1J 1P 1Z 1T	2H 2C 2T 2W	3G 3M 3S	4D 4M 4L	5H 5E	5/6E 6M 6J
Yr K Gymnastics	over 8 weeks	\$45	\$45.00						
Yr 1 Athletics	over 8 weeks	\$15		\$15.00					
Yr 2 Swim School	20th Oct-31st Oct	\$60			\$60.00				
Yr 1 Excursion Botanic Gardens	21st Oct	\$9		\$9.00					
Yr 5 Excursion Aust Museum	12th Nov	\$15						\$15.00	
Yr 3 Hyde Park Barracks/Museum	20th Nov	\$25				\$25.00			
K-2 Movie Day	11th Dec	\$20	\$20.00	\$20.00	\$20.00				
Yr 6 Farewell	15th Dec	\$40							\$40.00
Yr 3-6 Movie Day	16th Dec	\$27				\$27.00	\$27.00	\$27.00	
TOTAL			\$65.00	\$44.00	\$80.00	\$52.00	\$27.00	\$42.00	\$40.00

PAYMENT IS DUE BY THURSDAY 30th October 2014

Should you wish to round the amount off, all extra money will be donated to Stewart House, the official charity of the NSW Department of Education and Training.

Name: _____

Class: _____



Education &
Communities

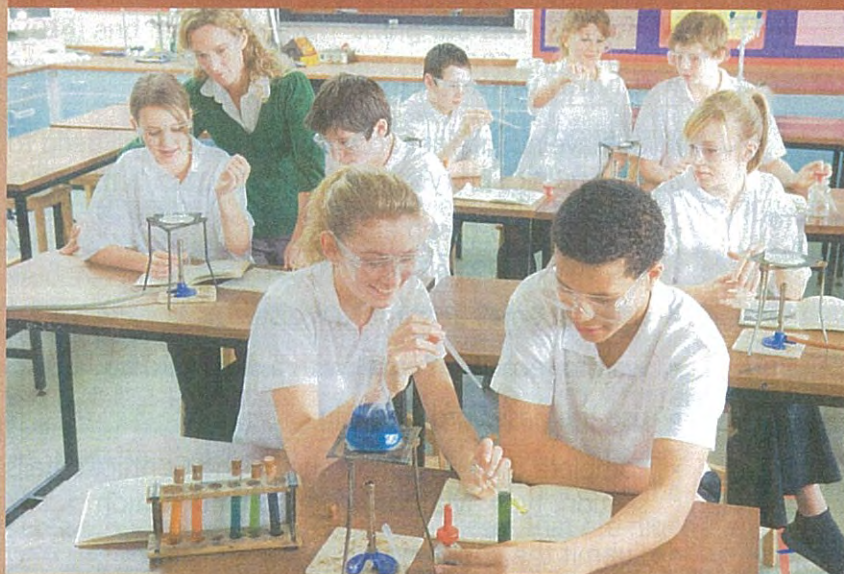
High Performing Students Unit

Information about applying for Year 7
entry to selective high schools in

2016

Thinking of applying for a
government selective high
school for Year 7 entry in
2016?

You must apply online at
www.schools.nsw.edu.au/shsplacement



Key dates

Tuesday 14 October 2014

Application website opens

Monday 17 November 2014

Application website closes

Thursday 26 February 2015

Test centre advice

Thursday 12 March 2015

Selective High School Placement Test

Early July 2015

Outcome advice

There is more information at:
www.schools.nsw.edu.au/shsplacement

The selective high school placement process for Year 7 entry is administered by the High Performing Students Unit.

Contact details

High Performing Students Unit

NSW Department of Education and Communities

Email: ssu@det.nsw.edu.au Telephone: 1300 880 367 Fax: 02 9266 8435

Postal address: Locked Bag 53, DARLINGHURST NSW 1300

Congratulations Malala

Winner of the 2014 Nobel Peace Prize

(at 17 years old, youngest winner ever of the prize)

"Despite her youth, Malala Yousafzai has already fought for several years for the right of girls to education, and has shown by example that children and young people, too, can contribute to improving their own situations.

This she has done under the most dangerous circumstances. Through her heroic struggle she has become a leading spokesperson for girls' rights to education."
- Nobel committee



RBPS P&C would like to thank
our major event sponsor

Hart

THE Basement

Come and boogie the night away with your friends in “The Basement”! 18th October @7PM Rose Bay RSL

Every year Rose Bay Public School holds an adult evening for parents and friends to get together to create community spirit. This year we are having the band “Ulterior Motive” in “The Basement” on Saturday the 18th of October at the **Rose Bay RSL**. We need **everyone** to get behind this event. You can help us make this event a success in two ways:

- Buy a ticket (\$40 per person and include a drink on arrival). Tickets can be purchased every afternoon next week and Wednesday morning in the playground next to the senior play equipment or on www.flexischools.com.au
- This year we would like every school family to donate at least one item for our hampers which we will auction. (Donations can be dropped off at the office or at the ticket sales desk in the playground or with a class teacher via school bag.
 - K - 2 - A bottle of wine or spirits (must be dropped off)
 - 3S - Beach/Pool pack
 - 3M - Boys first day of school
 - 3G - Mum’s pamper pack
 - 4L - Sports/Games pack
 - 4M - Chocolate pack
 - 4D - Girls first day of school
 - 5E - Art/Craft pack
 - 5H - Cooking pack
 - 5/6E - Gourmet hamper pack
 - 6J - Kitchen/Gardening pack
 - 6M - Car Care/Dad’s pack

Vicki Caldwell - 0421 307 215

Mandy Suppree - 0402 437 226



**1ST IN
THE CLASS...
THAT'S HOW
WE LIKE IT!**

1ST STREET

HOME LOAN SPECIALISTS

Call 1300 17 87 87
527 Old South Head Rd
Rose Bay NSW 2029

1ststreet.com.au



Selling or Leasing
- Call the Rose Bay Specialists

Hart Estate Agents is proud to be a Community Partner of Rose Bay Public School.

To further show our support, we will donate to the school each time we are engaged by a RBPS family - **\$500** if we sell your property, **\$200** for each property you give us to manage.

Hart

0418 245 018

alex.h@hartestateagents.com.au
hartestateagents.com.au

The eastern suburbs specialists



TERM 4 JUNIOR BASKETBALL

WEEKLY COMPETITIONS FOR
KIDS 6-18 YEARS OLD

PLUS LEARN TO PLAY CLASSES
FOR BEGINNERS 5 YEARS AND UP

Register now: info@eastssl.com.au
EASTS BASKETBALL LEAGUE
www.eastssl.com.au



Ji Do Kwan
Martial Art School in Rose Bay



Try First 2 weeks FREE !

- * Develop Self Disciplin and Control
- * Learn How to Defend Yourself
- * Meet New Friends

Mondays & Thursdays
School Hall - RBPS

Kids Beginners : 4.10pm - 5pm

Contact Instructor : Mayu Kataoka 0412 724 083 www.jidokwansyd.com

Abacus & Mental Arithmetic Class



- Ⓜ Pioneer of "2-hands", "4-fingers" abacus method
- Ⓜ Comprehensive learning materials
- Ⓜ Effective left and right brain development program
- Ⓜ A program tested and proven for over 30 years

Register your interest now for Term 4.
Call to book a free trial today!



T: 0401 867 125
E: zetland@cmaust.com.au
W: www.cmaust.com.au

Music is part of a well-rounded education
Keyboard lessons

Now enrolling for term 4
Lessons after school
on Thursday afternoons

*Instruments & activities are provided in the class,
\$23.10 (Inc gst) per half hour group lessons
Individual lessons are also available.*



Contact: 0402 780 130
ariamusicsschool@gmail.com
www.ariamusic.com.au

To advertise in the Rose Bay PS newsletter,
please ring the office on (02) 9371 4884.

Want to be in the Guinness Book of World Records?

Grab a partner and head to The Domain Sydney on Sunday 26 October at 9am to attempt the World's Biggest Three Legged Race and help raise awareness for youth mentoring in Australia

Save the date and get ready to register at 321run.gofundraise.com.au



Proudly presented in partnership with the following organisations:

Jewish Care
www.jewishcare.com.au



YWCA NSW
www.ywcansw.com.au



Big Brothers Big Sisters
www.bigbrothersbig sisters.org.au

Key Moves for Kids

“Key Moves for Kids” is a specifically designed exercise program for children. It is designed to improve core strength, fine and gross motor control, balance and co-ordination. In improving strength and control, postural pains are reduced and functional difficulties are surmounted.

The exercises classes incorporate the principles of Key Moves; moving well with correct spinal alignment, movement dissociation and integration, activating the deep muscle system for postural and functional control.

The class will also incorporate “movetolearn” exercises designed by Barbara Pheloung. These exercises have been used throughout Australia and have even been shown to improve the ability and capacity for children to learn. Using developmentally sequential movement patterns, the exercises integrate the senses and open neural pathways in the brain (neuroplasticity).

Course: 10week course of group exercises classes.

Participants: Children aged 5 to 12years.

Term: Tuesday, 4.45pm to 5.30pm, during school term.

Venue: Exercise Studio, Edgecliff Physiotherapy Sports and Spinal Centre.

Enrolment: 9326 1168

All children are required to be assessed by physiotherapists in the practice before attending. The children shall also be given a simple home exercise program to do. This will be a daily 10minute program. Children of a younger age can attend for individual exercise programs, by appointment.

For further information please refer to Key Moves at www.edgecliffphysio.com.au and www.movetolearn.com.au



**The CoolKids and Adolescent Health Program:
Helping distressed children & adolescents suffering from somatic health
complaints (including recurring headaches, stomach-aches etc).**



About 40% of children and adolescents may experience functional somatic health complaints, which are medically benign (that is, they have no identified organic cause). The most common somatic-health complaints experienced by children and adolescents include **recurring abdominal pain, gastro-intestinal symptoms, recurring headaches, chest pains, dizziness and nausea**. Research has shown that these children are prone to have increased rates of school absenteeism, and this may also have an impact on their learning, peer relations and overall quality of life. Studies have also indicated that up to 80% of children and adolescents struggling to cope with these recurring functional somatic health complaints may also be experiencing anxiety and/or depressive problems.

Our new, **CoolKids and Adolescent Health Program** is designed to specifically help children learn how to concurrently cope and manage their somatic symptoms as well as learn stress management skills. This program is specifically designed for children aged 7 to 17 years who are experiencing recurring somatic health complaints for at least 3 months (and which a GP or medical specialist has confirmed that the symptoms are medically benign). The program is individually based and involves 10 x 1 hour weekly therapy sessions held at the Emotional Health Clinic at Macquarie University. Interested families will be invited to attend a screening assessment to determine eligibility.

Organisation: Centre for Emotional Health, Macquarie University.

Researchers: Associate Professor Maria Kangas, Prof Ron Rapee, & Prof Mike Jones.

Who is eligible? Children and adolescents aged 7-17 years who are experiencing recurring somatic health complaints for a minimum of 3-months.

Contact: For more information, please contact **Assoc. Professor Kangas (email: maria.kangas@mq.edu.au)** or telephone **(02) 9850 8599**.