

Rose Bay Public School

Newsletter

15th May 2013



Dear Parents and Caregivers

Dates for Your Diary

May Term 2

- 14 /15/16 NAPLAN
- 17 NAPLAN Test make up day
- 17 Closing date for OC applications
- 19 Working Bee with Costa
- 21 ICAS Computer Competition
- 21 Band Performance
- 22 Kindergarten 2014 Information Evening
- 23 5/6M,6E,6J Digital Microscopy Incursion
- 28 District Cross Country Carnival
- 29 Sportathon -Fundraiser**

June

- 4 ICAS Science Competition
- 5-7 School Camp Yr5/6
- 8 Working Bee with Costa
- 10 Queens Birthday Public Holiday
- 11 P&C Meeting
- 11 Multi-Cultural Speaking Competition
- 12 Year 4 Council Excursion
- 13 Reconciliation Aboriginal Performance K-6
- 17 Year1 Excursion Little Diggers
- 19 Working Bee with Costa
- 20 Yamaha Band Concert
- 20 Year 3 Zoo Excursion
- 28 Red Nose Day
- 28 Last Day Of Term

July Term 3

- 15 Staff Development Day
- 16 First Day Back for Students
- 17 Primary Athletics Carnival
- 24 OC Testing
- 29 Education week
- 31 ICAS English Competition

August

- 13 District Athletics Carnival
- 13 P&C Meeting
- 12 ICAS Mathematics Competition
- 14 Primary Proms Rehearsal 9am-1:30pm
- 20 ½ Day District Athletics Carnival
- 27 Festival of Music Concert –Violin

September

- 5 Big Band Bash, Daceyville
- 10 P&C Meeting
- 10 Senior Choral Rehearsal 9am-1:30pm
- 10 Author Visit
- 14 Election Day BBQ
- 18 Primary Proms Performance
- 20 Last Day of Term

Invite to the SPORTING EVENT OF THE SEASON



All the students are invited to attend the annual Rose Bay Sportathon, which rivals World Cups and the Olympics alike.

When: Wed 29 May

Where: Playground in two circuits of 12 activities each

Dress code: Favourite sports gear or team/favourite colours! Remember to wear sunscreen.

Bring: Water, runners, hat, Sportathon booklet to get stamped

What are we raising money for? Our aim this year is to raise \$32,000 for Mobile Learning Centres which will benefit each and every student at Rose Bay Public School. It is a big task but hopefully with the support of each student we can deliver the funds the school needs.

What prizes this year? There will be a \$30 draw, and a \$100 draw. Prizes include tickets to watch a Sydney Swans game from a corporate box, family passes to a Waratahs game, 'Leap Frogs Action Sports & Games' birthday party, Let's Go Surfing lessons along with Climb Fit, Luna Park, Lyne Park TC, Rebel Sport vouchers and more.

Sports Quiz? This year there is a big sporting event occurring in July/August – The Ashes. Who has taken the most wickets in the history of The Ashes? Email your answer to rosebaypc@gmail.com to win a prize.

Mother's Day Breakfast

Last Friday Rose Bay mums enjoyed being celebrated at the Rose Bay P&C Mother's Day Breakfast. The mood was relaxed as children played and mums took time from their busy morning routine to catch up with friends and meet new parents. There was a smorgasbord of breakfast treats and a photo booth to remember the morning.

Rose Bay P&C would like to thank all the businesses who generously supported the event: IGA Rose Bay, Grandma Moses, Bunnings Rose Bay, Bondi Road Fruitologist, Charrill Charlie's St Ives, Rose Bay Florist and Coles Rose Bay.

Also a big thanks to the extraordinary volunteers who went the extra mile to make this year's Mother's Day Breakfast a great success. Rachael Symonds (Event Coordinator) worked with a team of volunteers including Karen Collins, Emma Daniells, Lisa Bogner, Tamara Leizer, Eva Kapos, Loren Lee, Danelle Denny and Judy Small to cater a scrumptious breakfast for over 550 adults and children, while Annette Klein and Cathe Stack, with some great student helpers, managed to take hundreds of beautiful family photos.

Congratulations to all - as a fundraiser the breakfast made just over \$4,300 profit! This will go toward the purchase of another mobile learning centre (with 30 lap tops) for our children.

And finally, thank you to all the mums, dads, grandmas and children who shared breakfast together and made the morning a perfect opportunity to pause, enjoy and appreciate Mums for everything they do.

Ayse Burke
P&C President
rosebaypc@gmail.com

Canteen News

Hamburgers are a winner!

AS the days get cooler the demand for a warm lunch increases. Monday is now Hamburger Day and they are proving to be very popular. Toasted Sandwiches still win as the favourite lunch order and on some days Cathy in the canteen makes over 80 WOW! Sushi is still available on Wednesday and everyday there are freshly made sandwiches and wraps. So, take a look at the latest Winter Menu.

Don't forget to order Online, its easy and over 200 families now take advantage of this time saving option.



Sportathon countdown – volunteers needed

The countdown to this year's Sportathon has begun!

If you are available to help out with an activity on **Wednesday 29 May** between **9.45 -11.00pm** please email your name along with your child's name and class to rosebaypc@gmail.com before Friday 24 May.

The event is always terrific fun for both the children and parents alike.



TERM INVOICE-TERM 2 2013

Invoices for Term 2 were sent home this week.
The costs are for all activities and excursions taking place for each class during Term 2.

Payment is due by Thursday 23rd May.

A copy of the Term 2 Invoice is attached to this newsletter.

On-Line Payment is now available and is the preferred method of payment. It's easy.

On-Line Payment Instructions:

- Please go to Rose Bay Public School Website
- Find the \$ Make a payment link on the front page of the website and follow the instructions.
- You do not need to enter a student registration number.
- Each child needs a separate payment

A friendly reminder that Fees for PSSA and School Sport are now overdue. We appreciate your prompt payment.

Congratulations

Mila M and Sophia M have been attending weekly rehearsals with the Sydney Region Dance Ensemble and have been accepted to perform in this term's Sydney Region Dance Festival. Their performance date is Monday 17th June 2013 at the Seymour Centre. Congratulations we are very proud of you both.

Application for opportunity class placement in Year 5 in 2014

Parents seeking opportunity class placement for Year 5 entry in 2014 are required to submit an application by 17th May 2013.

Get rid of your E-waste

Sunday 26 May 9am to 3pm

Woollahra Council is hosting a free drop off location at Grosvenor St car park under Syd Einfeld Drive at Bondi Junction

This is the time to get rid of the stockpile of out dated electronic waste (computers, TVs, printers, toasters, kettles, faxes, cameras, microwaves, heaters, radios, phones etc). Items collected will be recycled. White goods, smoke detectors or light globes are not accepted.

Professional Learning

On Monday 29th and Tuesday 30th April, the teaching staff at Rose Bay P.S. attended a conference with our CoSiES colleagues (CoSiES = Community of Schools in the Eastern Suburbs). The conference was designed around the new English Syllabus, with particular focus on Creative and Critical Thinking. It was an amazing two days of professional learning. The keynote speakers included Dr Robyn Ewing from the University of Sydney, Writer Libby Gleeson, Dr Carly Lassig from Queensland University of Technology, and Alyson Simpson, Associate Professor University of Sydney. All staff also participated in two days of lectures and workshops and the teachers can't wait to implement some new and exciting teaching strategies. This was an outstanding two days of high quality professional learning.

Working Bees with Costa

Sunday 19th May 8am- 12pm

Saturday 8th June 8am-12pm

Wednesday 19th June 9:20am



Please join COSTA in our school garden for one or all of these Working Bees. Some are on a weekend others are mid week after the morning bell goes. Come for one hour or more.

Rose Bay Public School

School Photographs

All ordered school photographs have arrived and will be handed out by the class teachers this week. The School Leaders, House Captains, Junior and Senior Band, Violin Group and whole school photos are on display now in the front office window. If you would like to order any of these group photos please fill in the envelope and enclose the payment by cheque or the correct money at the front office by **Thursday 30th May**.

Please do not pay via the school online payment system. All orders must be made by enclosing the correct money or a cheque in the Advance Photo envelopes, which are available at the office.

Sarah Skelton

District Cross Country **Parent Code of Conduct**

Schools have been asked to ensure that all parents sign and adhere to the SCPSSA Code of Conduct.

Parents do not approach or at any time talk to officials.

Only teachers from each school can talk to or make contact with officials .

Parents should liaise with with the supervising teacher from each school. The teacher will then assess what the next course of action (if any) should be.

All protests must be lodged in writing by the teammanager (teacher) within 10 minutes of an event to the carnival manager. The carnival manager, referee and PSSA executive shall deal with all protests.

The outcome of all protests is final.

Parents are asked to respect the code of conduct. Thankyou.



WOOLWORTHS EARN & LEARN

It's that time of the year already! Once again, Rose Bay PS will be participating in the Woolworths 'Earn and Learn' promotion. For every \$10 you spend at Woolworths, you will receive 1 point to place on a card. When this card is full please bring it into school and put it in the Woolworths Earn and Learn box located at the office.

Once the promotion finishes, we can redeem our point by choosing over 7000 educational resources for our school. So start collecting today.

NO UNSUPERVISED STUDENTS BEFORE 8.50 AM

For safety reasons students must not be at school without adult supervision before 8.50am. There is no teacher on duty in the playground before 8.50am. All students must remain seated on the silver seats until supervision commences. Thank you for your assistance with this important safety matter.

**ALL
VISITORS
MUST
SIGN IN
AT OFFICE**

Albermarle Ave Rose Bay 2029
Email: rosebay-p.school@det.nsw.edu.au

Phone: 9371 4884 Fax: 9371 9466
Website: www.rosebay-p.schools.nsw.edu.au



It's that time of year again – Rose Bay Public School's annual Sportathon. Below is all the information students and parents need to know about the fundraising event.

1. The Game Plan

All athletes (aka students) will participate in the Sportathon on Wednesday 29 May. The event is divided into two circuits each containing 12 sporting activities. While the event is fun for the entire school community, it also acts as a major fundraiser.

2. Sponsors

The athletes will receive their event booklet this week. It includes an outline of the circuit activities and a page for the athletes to collect their sponsors. These could be family, friends and neighbours.

3. The 'Big Event' – Wednesday 29 May (note, in case of rain it will be held on 30 May)

Every athlete is asked to dress in their favourite sports gear or favourite team colours (even if the weather looks questionable in the morning). Please also ensure the athletes wear sports shoes, sunscreen and hat/cap. Athletes should arrive at 9.20am, as usual, for a normal morning session. After recess they will be led onto the playground for the Sportathon. When each activity is completed, their booklets will be stamped to confirm participation.

4. Sponsorship Collection

Athletes have until Friday 14 June to return their money and forms to be eligible for the prizes which will be announced at assembly on Wednesday 19 May.

- There will be a collection desk (next to the office each morning from 8.50am-9.20am) following the event for all returning money and forms; alternatively
- You can leave your form and money in an envelope in your child's plastic folder. (*PLEASE include your name and class on the outside so we can drop off magazine*).

Athletes returning money will receive a 'thank you' gift of a magazine and 10% off Rebel Sport card.

5. Prizes

The top sponsorship collectors will each receive fabulous prizes like a 'Leap Frogs Action Sports & Games' birthday party (worth \$180) and family pass to Luna Park. There will also be lucky dip prizes:

- Every athlete who raises over \$30 will go into a draw to win Lyne Park Tennis Centre camp vouchers, Rebel Sport vouchers, Taronga Zoo and Climb Fit passes plus sports packs.
- Every athlete who raises over \$100 will also go into a draw to win one of four double passes to watch the AFL premiers, the Sydney Swans, play at the SCG in a corporate box, Let's Go Surfing lessons, family tickets to watch the NSW Waratahs, signed NSW Cricket bat and more.

We hope all the athletes have a fantastic day, and thank them in advance for finding their 'sponsors'. All money raised will go towards new Mobile Learning Centres which will benefit ALL our children.

RBPS Cross Country Carnival

On Tuesday 7th May, our annual RBPS Cross Country Carnival was held at Lyne Park for children in years 2 – 6. Children turning 8, 9 or 10 years old this year participated in a 2Km event and children turning 11 or 12 years this year participated in a 3Km race. It was fantastic to see each and every child doing their very best on the day!!

Below are the results of the Cross Country Carnival – Well done to these athletes who ran with such wonderful results!! These children will be representing RBPS at the Sydney Coastal PSSA Cross Carnival in the next few weeks. We wish them the very best of luck!!

S. Mills (PE Teacher)

8/9 years Boys

- 1. Charlie Germane**
- 2. Noa Kathriner**
- 3. Jonah Trope**
- 4. Kai Silby**
- 5. Liam Denison**
- 6. Nicholas Tooley**

8/9 years Girls

- 1. Allegra Symonds**
- 2. Hunter Weinberg**
- 3. Grace Mackinnon**
- 4. Sofia Zorbas**
- 5. India Ruppert**
- 6. Amelia Stein**

10 years Boys

- 1. Jordan Chapman-Race**
- 2. Luke Adam**
- 3. Kian Uchitel**
- 4. Ryan von der Heyden**
- 5. Roy Pachon**
- 6. James Sperling**

10 years Girls

- 1. Louise Westlake**
- 2. Sunday Salt**
- 3. Grace Hyde**
- 4. April Lewis**
- 5. Michelle Levy**

11 year Boys

- 1. Brock Lopes**
- 2. Flynn Salt**
- 3. Matthew Cussen**
- 4. Roman Baranov**
- 5. Ariel Pacanowski**
- 6. Taj Cronin**

11 year Girls

- 1. Lauren Cronin**
- 2. Mia Battisti**
- 3. Thea Phillips.**
- 4. Eloise Anthony**
- 5. Luisa Coffey**
- 6. Tawny Myers**

12 years Boys

- 1. Jackson Fredericks**
- 2. Finn Ottaviano**
- 3. Yonatan Freund**
- 4. Hugo Ilencik**
- 5. Gabriel Shaberman**
- 6. Woo-jin Cheong**

12 years Girls

- 1. Isabella Cavallaro**
- 2. Sophia Mackinnon**
- 3. Jordan Rountree**
- 4. Lisa Gronich**
- 5. Natasha Gering**
- 6. Lilla Szentmariay**

PHOTOS FROM THE CROSS COUNTRY CARNIVAL





You are invited to the ...

Rose Bay Public School Kindergarten 2014 Information Evening

Date: Wednesday 22nd May 2013

Time: 7.00pm – 8.30pm

Location: Rose Bay Public School
Albemarle Avenue,
Rose Bay

RSVP: Monday 20th May 2013 to
Rose Bay Public School on [93714884](tel:93714884)

School Website:

If you would like further information about
our school please visit the school website:
www.rosebay-p.schools.nsw.edu.au

Upcoming Events for Kindergarten 2014

Term 2 2013

2013 Kindergarten Information
Evening:
Wednesday 22nd May

Terms 2 and 3 2013

School Tours:
Tuesdays at 9.45am
Wednesdays at 3.45pm
(Please call school for bookings)

Term 3 2013

Art Show:
Date to be confirmed

Term 4 2013

Kindergarten Transition Sessions

We offer quality programs in:

- ICT
- Specialist teachers in Music and Sport
- Choirs
- School Band
- Violin Ensemble
- Dance Group
- Art Shows and Musicals
- Comprehensive Sports Program
- Gymnastics
- Differentiated Curriculum for all students
- Support teachers for ESL and Learning Assistance
- Debating and Public Speaking
- Chess Program
- French and Hebrew classes
- Library





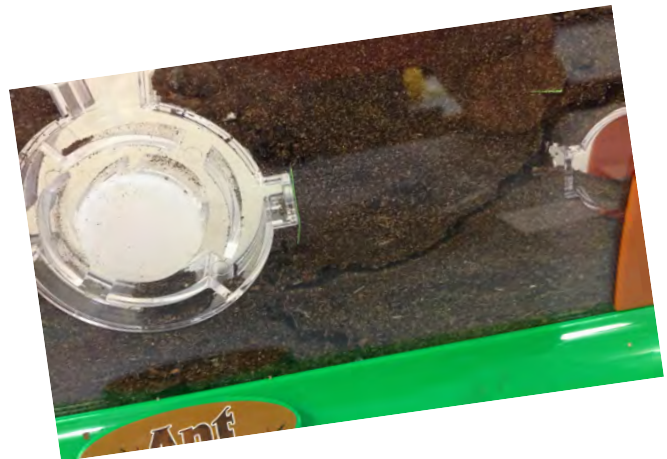
For our Integrated Unit **Bug Safari**, 2T has been learning all about ants. We have talked about their appearance, habitat, movement and life cycle.

Amazing Ants!



We used our imagination and turned ourselves into ants. We learnt that ants move by following scent trails. They also communicate using their antennae.

We bought an ant farm for our class and we are very excited. Take a look! They are digging their tunnels and chambers!





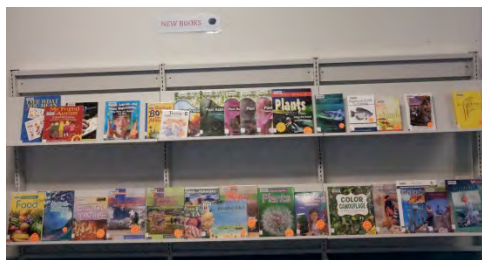




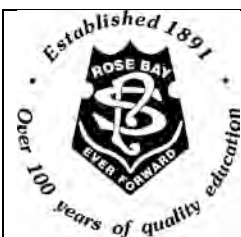
Ant joke:

What is the biggest ant in the world?

An elephant**ant**



Date	What's Happening in the Library!	
New Library Look!		
<div></div> <div></div>		
Term 2	Book Bag Drive: With winter approaching please remind K-2 students to bring library bags. A spare plastic bag folded and left in school bags is also a great idea for those wet days. Please donate recyclable or heavy duty plastic bags for student use. I hope you can help.	
Literature at school and around Sydney		
Closing date end August 2013	Premiers Reading Challenge https://products.schools.nsw.edu.au/prc/home.html Student log: user name they enter is their full name (<i>first name.surname</i>) while password is either their <i>class name e.g. 1z or rb</i> . Students are allowed to record books on the PRC during lunchtime in the library, during library sessions as well as at home. Parents will need to add details for Kindergarten and Year 1 children. Students from Year 2 -6 should be able to access the PRC and add their own book details.	
20-26 May 2013	SYDNEY WRITERS FESTIVAL: The Junior Master classes for writers 9-13 years of age link in with the Sydney Writers' Festival . They are designed for students who would like to . . . <i>investigate what is in a writer's toolbox and make sizzling starts to stories, discover secrets to writing comedy and learn tips to writing the most exciting part of stories</i> . These workshops will feature: - Jacqueline Harvey (19 May) - Oliver Phommavahn (20 May) , and - Sue Whiting (21 May) . Events are at the State Library of NSW . Registration on the Sydney Writers' Festival web site on www.swf.org.au - see http://www.swf.org.au/program/children-families Costs involved.	
Entries due Tuesday 16 th July 2013	 STORIES ON SCREEN – Children's Book Council of Australia (NSW) Competition & Showcase for NSW Primary School Students (K-6) is open to primary school aged students. Simply adapt an Australian picture book or excerpt from an Australian novel into a 3minute film. The competition will take place in Terms 1 and 2, 2013 with entries due by Tuesday 16 th July 2013.: http://nsw.cbca.org.au/pages/stories-on-screen.html	
Recommended Resources		
World Book Online www.worldbookonline.com for our student's information needs. This resource is available 24/7 to our school community from school and home. There are three levels: Kids (K – Year 2) Student: (Years 3-6) and Advanced (Year 5 – 9). User name: rbps2029 and Password: wbook		
Storylineonline http://www.storylineonline.net/ Online streaming video program of famous actors reading picture books		
Dust Echoes http://www.abc.net.au/dustechoes/ A series of twelve beautifully animated dreamtime stories from Central Arnhem Land, telling stories of love, loyalty, duty to country and aboriginal custom and law.		
AOL Kids http://kids.aol.com/KOL/1/KOLJrStories Online stories for younger children		
New books		
		



Term Invoice – Term 2, 2013

Please complete for your child/children and either **pay on-line** or return full payment in an envelope by **Thursday 23rd May, 2013**. Multiple payments can be made in one envelope.

The costs below are for activities during Term 2, 2013.

Separate permission notes will be sent for each activity/excursion. Please ensure they are signed and returned to their class teacher before the due date so that your child is allowed to attend the excursion.

ACTIVITY	DATE	Cost	KN KS KD KE KH	1J 1W 1Z 1T	1/2P 2H 2C 2T	3G 3M 3S	4D 4M 4L	5HR 5K	5/6M 6E 6J
Fizzics Science Incursion	23/5/2013	\$7.50							\$7.50
Gymnastics	8 weeks	\$35.00		\$35.00					
Yr 4 Council Excursion	12/06/2013	\$5.00					\$5.00		
Aboriginal Performance	13/06/2013	\$5.00	\$5.00	\$5.00	\$5.00	\$5.00	\$5.00	\$5.00	\$5.00
Yr 1 Excursion Little Diggers	17/06/2013	\$20.00		\$20.00	Year 1 only \$20.00				
Yr 3 Zoo Excursion	20/06/2013	\$25.00				\$25.00			
TOTAL			\$5.00	\$60.00	Yr1 \$25.00 Yr2 \$5.00	\$30.00	\$10.00	\$5.00	\$12.50

PAYMENT IS DUE BY THURSDAY, 23rd May 2013

Should you wish to round the amount off, all extra money will be donated to Stewart House, the official charity of the NSW Department of Education and Training.

On-Line Payment Instructions:

- Please go to Rose Bay Public School Website
- Find the \$ Make a payment link on the front page of the website and follow the instructions.
- **You do not need to enter a student registration number.**

Each child needs a separate payment.

N.B. If paying at school, money collection days are Tuesdays and Thursdays.

Working Bee dates



Sunday 19th May

9:00 to 11:00am

Saturday 8th June

9:00 to 11:00

Wednesday 19th June

9:20 to 11:00



Come and help Costa in our school garden.

All hands welcome!

Jobs for everyone



Weeding, planting, tidying, composting, mulching, pruning and more.



Frozen Items

Frozen orange piece	\$0.30
Quelch juicy sticks.....	\$0.50
Mini milk pops	\$0.50
(Strawberry/chocolate)	
Milk pops	\$1.00
(Strawberry/chocolate)	
Mini callipo	\$1.30
(Lemon/raspberry)	
Paddle pop.....	\$2.00
(choc, banana, rainbow)	
Gelato	\$2.00
(Chocolate/strawberry/caramel)	

Online Ordering

www.flexischools.com.au

Username: rosebay

Password: rosebay

Check out our meal deals online



Feedback

info@healthy-kids.com.au

02 9876 1300

Snacks

Mini muffin	\$0.20
Muffin	\$1.00
Plain popcorn	\$1.00
Fresh seasonal fruit.....	\$1.30
Banana bread - HALF.....	\$1.50
Piranha vegie chips	\$1.70
(BBQ/Honey & Soy/Salt & Vinegar)	
Fresh yoghurt.....	\$2.00
(Vanilla)	
Vegie sticks.....	\$2.50
(Carrot, cucumber & celery with tzatziki)	

Drinks

Plain milk- 250ml	\$1.70
Fruit juice – 200ml	\$1.80
(apple/orange/blackcurrent)	
Water – 600ml.....	\$2.00
Flavoured milk – 300ml	\$2.20
(chocolate/strawberry/banana)	

Orders must be placed at the canteen by
9am to avoid disappointment.

Please write your name and class on the
bag and include correct money.

Paper Bags at Canteen are 10cents each

Winter MENU



The Healthy Bay

Healthy Kids School Canteen
Rose Bay Public School



Salad Boxes

Super Salad.....	\$4.00
(Lettuce, carrot, tomato, cucumber, corn & beetroot)	
PLUS ham, chicken, egg, cheese or tuna.....	\$5.00

Toasted Sandwiches

Cheese	\$3.10
Cheese and tomato	\$3.40
Cheese and ham	\$4.10
Cheese and chicken.....	\$4.10
Cheese, ham and tomato.....	\$4.30

Wraps

Chicken, lettuce, cheese & mayo	\$4.40
Ham, cheese, lettuce & tomato	\$4.40
Salad.....	\$4.40
(Lettuce, carrot, tomato, cucumber & beetroot)	

All wraps made on soft tortillas.

Daily Specials

Monday

Hamburger	\$4.50
(Freshly made pattie, lettuce, tomato & tomato sauce)	

Tuesday

Chicken & Pesto Pasta.....	\$4.50
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Wednesday

Sushi - Chicken/Tuna.....	\$3.00
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Thursday

Tuna Mornay	\$4.50
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Friday

Cheese Pizza.....	\$3.00
Hawaiian Pizza	\$3.20

Sandwiches/Rolls

Vegemite with margarine.....	\$2.00
Cheese.....	\$2.80
Salad.....	\$3.30
(Lettuce, carrot, tomato, cucumber & beetroot)	
Egg, lettuce & mayo.....	\$3.80
Ham, lettuce & tomato.....	\$3.80
Tuna, lettuce & mayo.....	\$3.80
Chicken, lettuce & mayo.....	\$3.80
Extras:	
Lettuce/beetroot/carrot/cucumber/tomato	\$0.40
Cheese/ham/chicken/tuna/egg.....	\$1.00
Mayonnaise.....	\$0.40
Rolls.....	\$0.60

ALL SANDWICHES ARE MADE ON WHOLEMEAL BREAD (UNLESS SPECIFIED WHITE).

NO MARGARINE UNLESS REQUESTED.

Wilberforce Ave Drop Off and Pick up Zone



Just a reminder that the school frontage on Wilberforce Ave is officially a "Pick up and Drop Off' Zone. **Cars may not be left unattended in this zone** during pick up and drop off times. It is to be used for the purpose of PICK UP AND DROP OFF only (8am-9.30am, and 2.30pm-4pm).

If you plan to collect your child(ren) from the pick up zone after school, please be aware of the following important safety procedures and road rules:

- ◆ Please ask your child to come straight down to Wilberforce Ave when the bell has gone.
- ◆ A teacher or parent volunteer will escort your child to wait alongside the fence.
- ◆ Please DO NOT leave your car unattended at any time.
- ◆ A teacher or parent helper will assist your child to your car.
- ◆ Please stop in the furthestmost spot and continue to move forward to allow cars behind you to join the car line.
- ◆ It is not permissible to DOUBLE PARK (see below) while waiting to join the queue or at any time. This is illegal and also dangerous. A number of parents have recently received hefty fines. If there are no spots available in the designated area please go around the block and return a few minutes later.
 - Road Rules 2008 -Part 12 Div 6 rule 189 Double parking: A driver must not stop on a road if to do so would put any part of the vehicle that he or she is driving between a vehicle that is parked on the road and the centre of the road.

If you wish to enter the school please find a park elsewhere and make the short walk into school (ideas include Franklins Car park, Newcastle St, Dover Rd, and Old South Head Road).

If you can assist with the Parent Volunteer Patrol, please email Mimi on mimi@nexon.com.au or Debbie on zinker@optusnet.com.au. This is actually a very easy job which will only take about 15 minutes of your time once a week or once a fortnight. We really need more volunteers and would be thrilled to hear from you.

Thank you from the Parent Traffic Committee

**1ST IN
THE CLASS...
THAT'S HOW
WE LIKE IT!**



1ST STREET

HOME LOAN SPECIALISTS

Call 1300 17 87 87
527 Old South Head Rd
Rose Bay NSW 2029

1ststreet.com.au



Selling or Leasing - Call the Rose Bay Specialists

Hart Estate Agents is proud to be a **Community Partner** of Rose Bay Public School.

To further show our support, we will donate to the school each time we are engaged by a RBPS family - **\$500** if we sell your property, **\$200** for each property you give us to manage.

Hart

0418 245 018

alex.h@hartestateagents.com.au
hartestateagents.com.au

The eastern suburbs specialists



**VET
around**

Sydney Mobile Vet Service

CONSULTING HOURS

Monday-Friday 7.30am - 11pm

Saturday 9am - 4pm

www.vetaround.com.au

CALL 0407 434 912

Expert vet care that
comes to you



Music is part of a well-rounded education

Would your child like to play Keyboard?

Lessons at school
on Thursdays, after school

Instruments & activities are provided in the class, \$18/wk.

Individual lessons are also available.

Contact: 8006 4377

ariamusicschool@gmail.com

www.ariamusic.com.au



To advertise in the
Rose Bay PS newsletter
please ring the office on
(02) 9371 4884

**KIDS RUNNING
TRAINING GROUPS**



Mon, Wed and Fri afternoon running groups in Sydney.
(Meet by McKay Oval, Grand Drive in Centennial Pk)

- Working on running technique, drills, speed and endurance. Sessions incl. stretching, body strength work & games. Great prizes!
- Cost is \$10 per session or \$50 a month (up to 12 sessions!) with an experienced full-time coach who trains beginners through to Olympians, plus experienced assistant coaches.
- Operates for 12 mths of year - during school terms & holidays.

www.sweatsydney.com.au **0412 206 821**



What bullying isn't, and what to do when it happens

Bullying should not be confused with teasing, rejection, random acts of violence or physicality and conflict. While children will often tease or fight, this bickering should not be confused with bullying.



Bullying is a word that's wrapped in emotion. For many people bullying is associated with **bad childhood memories**. It's been estimated that around 40% of people have experienced some type of bullying in the past.

Bullying is an insidious behaviour that transgresses children's natural right to feel safe and secure. It can adversely affect their learning, emotional well-being, further peer relations and their sense of self.

Bullying takes many forms and guises including, physical and emotional abuse, intimidation, harassment and exclusion.

It now has a well-publicised cyber-dimension which has moved the goalposts for many kids. In the past children could escape bullying behaviours they may have experienced by being at home. Cyberbullying now means that kids can't escape the bully like they once could.

Bullying is not the domain of one gender. Girls bully just as much as boys but they do it in less physical ways. While boys use physical intimidation or verbal abuse to wield power, girls are more likely to use exclusion or verbal sarcasm to assert themselves.

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Bullying is about lack of power as one person is powerless to stop the teasing or physical abuse. Bullying is the *selective, uninvited, repetitive oppression* of one person by another person or group.

If you think your child is being bullied then handle with care as children often don't want to admit that they are on the receiving end of bullying.

Some kids keep it close to their chests so it helps to be on the lookout for **warning signs** such as: items being stolen, changing the route to school and withdrawal from usual activities.

If your child is being bullied:

1. Listen to their story: Children who are bullied need someone to believe their story. Take them seriously and avoid dismissing complaints as tell-tale. Use common sense to differentiate between bullying and more random, non-selective antisocial acts. Kids can be nasty to each other, yet this doesn't constitute bullying.

2. Deal with their feelings: A child who is bullied probably feels scared, angry and sad. Boys are more likely to display anger and girls claim they feel sad. The degree of emotional intensity is an indicator of the amount of bullying. Recognise and validate their emotions. Let them talk about how they think (remember boys respond better to 'think' language) and feel. It's normal to feel sad, scared or just plain confused.

3. Get the facts: Get a clear picture of what happens, including who is involved, the frequency and what happens prior to any bullying. Get your child to be as specific as possible by asking good questions. An accurate picture will help you determine your next course of action.

4. Give them coping skills: With a clear picture you can start giving your child some help about how he or she may deal with bullying including using avoidance strategies, being more assertive and changing poor body language.

5. Get the school involved: Bullying is best handled when parents and teachers are involved. Approach your school through the appropriate channels, make yourself aware of your schools' anti-bullying procedures and programs, and be willing to work within these guidelines.

6. Help build your child's support networks: Kids need a group of friends to support them when they experience bullying so look for practical ways to broaden friendship groups.

7. Build their self-confidence: Provide children with systematic encouragement. Let them know through your words and treatment of them that they will get through this period.

It's worth remembering that children who experience some form of bullying often come out stronger and more resourceful because they have experienced difficulties and they know they can defeat them.

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